

February

**TRIANGLE FITNESS**  
KERNERSVILLE, NC.



**24 HOUR GYM**

February is Full of Specials & Events, Don't Miss Out!

**\*Check Out our Spinning Classes!**

(Look for it on the aerobics calendar. Be sure to sign up. Limited Space available.)

**\*25 % Off Deluxe Tanning Package!**

**\*Sign Up for Personal Training!**

(Weekly Workouts, Goal Setting, Program Design, Nutrition Counseling & more !)

**\*New Kickboxing and Cardio Classes Tuesday AM!**

**\*Parents' Night Out events!**

(Enjoy some time for yourself and let us entertain the kids! See flyers for details.)

**\*Don't forget to relax! Massage Therapy offered here!**

**\*Attend 10+ classes this month for Prize drawing!**

**\*Monthly Raffle Drawing 2/28**



**905-A Old Winston Road Kernersville, NC 27284**

**336-993-7247 [www.trianglefitness.net](http://www.trianglefitness.net)**