

# Parent Handbook

# 2026

## Kid's Indoor Playground

at Triangle Fitness

Camp Day



## Drop Off

- Drop off is from 7:30am-8:45am.
- Make sure to sign your child in at drop off!
- Early drop off begins at 7am.
- Early drop off must be purchased before your child is dropped off.
- Weekly and daily announcements will be posted by the sign in desk.

## Pick Up

- Kids can be picked up anytime throughout the day.
- All kid's must be signed out at pick up.
- Make sure to notify us ahead of time if someone who is not on your pick up list needs to be added. If we do not have them on the pick up list they cannot pick up your child.
- At certain times our activities are in different areas of the building. If we are not in the camp room when you come to pick up your child, give our front desk a call. They will notify childcare staff to bring them to the camp room.
- Half day pick up ends at 1pm
- Late pick up must be purchased ahead of time.
- Late pick up ends at 7pm.
- If you are running late please contact our front desk so they can notify childcare staff.

**If a child is picked up late there will be a \$15 fee for each day this occurs.**

## Written Notes

Parents should leave a written note with our counselors for:

- Early pickup
- Pickup by someone who is not on your designated pick up list
- Note of any medications or needs

## What to wear

- Dress comfortably for both indoor and outdoor play.
- We recommend wearing or bringing closed-toe shoes for outdoor activities.
- Shorts must be worn under dresses and skirts.

## What to bring

Each child should bring a designated bag for their belongings. Please label or attach a tag with the child's name on it.

All of your child's belongings should be labeled.

### Necessary

- Book bag
- Water bottle
- Lunch (NO TREE NUT OR PEANUT PRODUCTS)
- Change of clothes
- Sunscreen
- Beach towel

### Optional:

- Blanket
- Stuffed Animal
- Coloring books
- Reading & activity Books

We encourage any children staying the full week to leave necessary belongings Monday and take them home on Friday.

We encourage kids to bring books for campfire time (quiet time).

***Toys, trading cards, electronics (phone, tablet, portable games devices, headphones, etc.), and money should stay at home.***

## FOOD & SNACKS

Each child will need to bring their lunch and any additional snacks.

We will notify parents of any special days where we will be providing lunch for the kids.

A morning and evening snack will be provided.

We are a peanut & tree nut free facility. Please do not pack your child any peanut or tree nut products for the safety of children in our program with allergies.

*Some great alternatives for peanut butter: Sunflower seed butter, Biscoff spread, Granola butter, Sesame butter, Chickpea butter, soy butter, and any spreads that are seed based.*

## ELECTRONICS

No electronics of any kind are allowed during summer camp.

If you feel the need to check on your child anytime throughout the day you can send a text to our mobile number. We will respond as soon as we are able to in-between activities.

## PARENT PAYMENTS

All registered parents will receive weekly texts to confirm attendance for the following week. (*Example: We will text you during Week #1 to see if you will be at camp Week #2.*)

We must have communication/confirmation via our Summer Camp Mobile Number before running a payment. Payments are due by 5pm the **FRIDAY BEFORE** the week your child is attending or a late fee will incur.

**Below we have listed our standard of behavior for all of the children in both our Summer Camp and Childcare program.**

**CHILDCARE @ TRIANGLE FITNESS**  
**STANDARD OF BEHAVIOR:**

**\*Respect for authority (Any staff member)**  
(following directions etc.)

**\*Respect for Facility property & all items**  
within, as well as property of others  
(taking care to not purposely destroy anything, so it  
can be used and enjoyed by everyone)

**\*Be Kind and Respectful with words and**  
actions  
(Treat others how you want to be treated - even if  
they don't deserve it)

**\*If upset: communicate with a staff mem-**  
ber without using name calling, screaming,  
or excessive aggression  
(Emotions are normal, but don't let them control you)

Our goal is to keep everyone safe and create a  
fun place to play that parents can feel confident  
about bringing their children to.

**Have a great Summer!**