



TAEKWONDO

TRIANGLE FITNESS
KERNERSVILLE, NC.

24 HOUR GYM

First Month Free! No Contracts!

Tuesdays & Thursdays 4:30pm to 5:30pm & 7pm to 8pm

Phone: 336-829-0353 or 336-993-7247

Cost: \$50 single/\$25 each additional family member

**905-A Old Winston Road
Kernersville, NC 27284**

Instructor: Mark Idol, "5th Dan"