

APRIL 21-APRIL 23, 2023 SHERATON STATION SQUARE



MOTHER'S DAY CONFERENCE AND RETREAT

FRIDAY, APRIL 21ST

4:00 PM ARRIVAL AND RELAXATION
FUN MEET AND GREET

SATURDAY APRIL 22ND

8:30 AM BREAKFAST & WELCOME

9:30 AM SPEAKERS

12:30 PM LUNCH

1-2PM KEYNOTE (BOOK SIGNING TO
FOLLOW)

2:00-4:00 SPEAKERS

5:00 PM DINNER

SUNDAY APRIL 23RD

8:00 AM YOGA

9:00 AM BREAKFAST

10:00 AM ACTIVITY & WRAP UP

