

Janeane Bernstein, EdD

Radio Host | Journalist | Author | Speaker

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SUMMARY

Janeane Bernstein is a journalist, speaker, author, and radio host with University of California, Irvine's radio station, KUCI 88.9fm, and host of the new series OUTSIDE THE BOX. She has a background in radio, podcasting, communications, and is passionate about mental health, self-care, resilience, and positive psychology. She earned a doctorate from Boston University, with a focus on Media and Technology, and studied at the S.I. Newhouse School of Public Communications and the School of Education at Syracuse University.

EXPERIENCE

2021 Age Boom Academy Journalism Fellow

- 2021 Age Boom Academy - Robert N. Butler Columbia Aging Center & Columbia School of Public Health – Columbia Journalism
- Currently reporting on intergenerational strategies to reduce loneliness, isolation and improve mental health.
- Writing about the impact of the pandemic, specifically the mental health, loneliness, and social isolation of all generations

OUTSIDE THE BOX – Online Series Host/Producer

- Producing and hosting a new on-line series featuring industry experts sharing expertise on finding work remotely, starting a new venture, mental health, and the power of mentorship – available on iHeart radio, Spotify, Apple Podcasts, etc.
- www.otbseries.com

Radio Show Host/Podcast Producer - KUCI 88.9fm

- Hosting and producing the “Get the Funk Out!” Show Monday's at 9am
- Producing remote shows – interviewing guests, editing video and audio, promoting on social media, and airing on the live show
- Serves as audio engineer, host and producer for this show and fill-in DJ/host.
- Copywriter and voice talent for psas, promotions and other imaging elements
- Show blog: <http://getthefunkoutshow.kuci.org>

Author

- *Get the Funk Out, %^&* Happens, What to Do Next!* -published by Post Hill Press, distributed by Simon & Schuster, and narrated by Janeane for Audible.com.
- Janeane writes about creating resilience and strength through life's curveballs. Currently, she speaks to students and adults about the power of resilience, self-care, mentoring, the science of happiness, and the importance of prioritizing mental, physical, and emotional health.

Speaker & Educator

- Designing, developing, and leading remote workshops for students and adults about self-care and resilience, mentoring, mental health, positive psychology, and the CARE Initiative: Connection, Attention, Resilience, and Empathy – attributes that help us become better humans.
- Working with clients to create solutions that address their goals and the needs of their employees during COVID-19.
- See industry endorsements on [LinkedIn](#)

Professional Voice-Over talent

- Professional home recording studio
- Source Connect – the paid version.
- Studied with a variety of coaches & casting directors in Boston and Los Angeles
- Studied improvisation at The Groundlings and UCB
- Trained in voice over techniques for commercials, animation, ADR, looping, Motion Capture, etc. VO resume available.

EDUCATION

EdD - Media and Technology - BOSTON UNIVERSITY, Boston, MA.

MS - Instructional Design, Development, and Evaluation (I.D.D.E.) - SYRACUSE UNIVERSITY, Syracuse, New York

BS - Communications/Education - SYRACUSE UNIVERSITY, Syracuse, New York

Certificate in Screenwriting – University of California, Irvine

2020 - Finalist in the Big Apple Film Festival

2020 - Finalist in LA Femme International Film Festival

2018 - Finalist in the LA Femme International Film Festival

2018 - Initial Selection in the 2018 Blacklist | Women in Film Feature Lab

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