

WEEKLY SUCCESS PLANNER

What currently is bringing you joy?

What are you grateful for right now?

Fill in your week. Add anything that fits in and feels good
(bonus journal food intake & money spending)

♥ MONDAY

♥ TUESDAY

♥ WEDNESDAY

♥ THURSDAY

♥ FRIDAY

♥ SATURDAY

♥ SUNDAY

LIST TO DO'S FREE YOUR MIND

SET INTENTIONS PERSONAL GOALS

LIST REMINDERS

What currently is your limited belief, worry or fear?
Write a mantra that is opposite of your current worries.
REPEAT IT OFTEN

MANTRA