**All Trainings Will Be Held In Eastern Standard Time**

**December Series 1 Morning**  **December Series 2 Evening**

December 2, 2024 9-12 p.m. December 2, 2024 6-9 p.m.

December 3, 2024 9-12 p.m. December 3, 2024 6-9 p.m.

December 4, 2024 9-12 p.m. December 4, 2024 6-9 p.m.

December 5, 2024 9-12 p.m. December 5, 2024 6-9 p.m.

**December Series 3 Evening December Series 4 Morning**

December 9, 2024 6-9 p.m. December 23, 2024 1-4 p.m.

December 10, 2024 6-9 p.m. December 24, 2024 1-4 p.m.

December 11, 2024 6-9 p.m. December 26, 2024 1-4 p.m.

December 12, 2024 6-9 p.m. December 27, 2024 1-4 p.m.

**Dec/Jan Series 5 Morning January Sat Series 6 Morning**

December 30, 2024 9-12 p.m. January 4, 2025 9-12 p.m.

December 31, 2024 9-12 p.m. January 11, 2025 9-12 p.m.

January 2, 2025 9-12 p.m. January 18, 2025 9-12 p.m.

January 3, 2025 9-12 p.m. January 25, 2025 9-12 p.m.

**January Series 7 Evening January Series 8 Morning**

January 6, 2025 6-9 p.m. January 13, 2025 9-12 p.m.

January 7, 2025 6-9 p.m. January 14, 2025 9-12 p.m.

January 8, 2025 6-9 p.m. January 15, 2025 9-12 p.m.

January 9, 2025 6-9 p.m. January 16, 2025 9-12 p.m.,

**January Series 9 Evening January Series 10 Morning**

January 13, 2025 6-9 p.m. January 21, 2025 9-12 p.m.

January 14, 2025 6-9 p.m. January 22, 2025 9-12 p.m.

January 15, 2025 6-9 p.m January 23, 2025 9-12 p.m.

January 16, 2025 6-9 p.m. January 24, 2025 9-12 p.m.

**January SP Series 11 Evening January Series 12 Afternoon**

January 21, 2025 6-9 p.m. January 27, 2025 1-4 p.m.

January 22, 2025 6-9 p.m. January 28, 2025 1-4 p.m.

January 23, 2025 6-9 p.m. January 29, 2025 1-4 p.m.

January 24, 2025 6-9 p.m. January 30, 2025 1-4 p.m.

**January Series 13 Evening February Series 14 Evening**

January 27, 2025 6-9 p.m. February 3, 2025 6-9 p.m.

January 28, 2025 6-9 p.m. February 4, 2025 6-9 p.m.

January 29, 2025 6-9 p.m. February 5, 2025 6-9 p.m.

January 30, 2025 6-9 p.m. February 6, 2025 6-9 p.m.