



Referral Form - Laura H Smith Nutrition LLC

laurahsmithnutrition.com – Phone 512-359-8459

Please fax completed form with demographic and insurance information, pertinent medical history and labs to 512-582-2957.

Patient Name _____ DOB _____

Patient's Daytime Phone _____ Reason for Referral _____

Insurance Name _____ Insurance ID Number _____

Referring Provider Signature/Printed Name _____

Office/Clinic Address _____

Office Phone _____ Office Fax _____

Please provide date and results for applicable labs (or provide attachment):

HbA1c _____
Glucose _____
BUN _____
Creat _____

eGFR _____
AST/ALT _____
Other _____
Other _____

TChol _____
HDL _____
LDL _____
TG _____

ICD 10 Code required (please check all that apply or add applicable ICD 10 code):

- | | | |
|--|--|---|
| <input type="checkbox"/> E11.9 Type 2 DM w/o complications | <input type="checkbox"/> E88.81 Metabolic Syndrome | <input type="checkbox"/> R63.4 Abnormal Weight Loss |
| <input type="checkbox"/> E11.65 Type 2 DM w/ hyperglycemia | <input type="checkbox"/> E78.5 Hyperlipidemia | <input type="checkbox"/> R63.6 Underweight |
| <input type="checkbox"/> E10.9 Type 1 DM | <input type="checkbox"/> I10 Essential Hypertension | <input type="checkbox"/> N18.31 CKD, Stage 3a |
| <input type="checkbox"/> O24._ Gestational DM | <input type="checkbox"/> I50 Heart Failure | <input type="checkbox"/> N18.32 CKD, Stage 3b |
| <input type="checkbox"/> R73.03 Prediabetes | <input type="checkbox"/> Z93.1 Gastrostomy Status | <input type="checkbox"/> N18.4 CKD, Stage 4 |
| <input type="checkbox"/> E66.3 Overweight | <input type="checkbox"/> Z71.3 Dietary Counseling & Surveillance | <input type="checkbox"/> N18.5 CKD, Stage 5 |
| <input type="checkbox"/> E66.9 Obesity | | <input type="checkbox"/> N18.9 CKD, Unspecified |
| | | <input type="checkbox"/> Other: _____ |

Cleared to exercise?

- Yes
- No

With Restrictions

Please indicate any special needs:

- | | | |
|---|-----------------------------------|------------------------------------|
| <input type="checkbox"/> Language/Interpreter | <input type="checkbox"/> Literacy | <input type="checkbox"/> Cognitive |
| <input type="checkbox"/> Hearing | <input type="checkbox"/> Vision | <input type="checkbox"/> Physical |