

**RESOURCES FOR HEALTH AND END-OF-LIFE DECSIONS**

**ADVANCE CARE PLANNING**

**Advance End-of-life Planning**

[**https://centerforadvancecareplanning.org/**](https://centerforadvancecareplanning.org/)

**Five Wishes (Advance Directives)**:

[**https://fivewishes.org/five-wishes/who-we-are/about-us**](https://fivewishes.org/five-wishes/who-we-are/about-us)

**PREPARE:** Guided advance-care directives

[**https://prepareforyourcare.org/welcome**](https://prepareforyourcare.org/welcome)

**National Institute on Aging:** (Tips on advance-care planning)

[**https://www.nia.nih.gov/health/advance-care-planning-healthcare-directives**](https://www.nia.nih.gov/health/advance-care-planning-healthcare-directives)

**The Conversation Project:** Dedicated to helping people talk about their wishes for EOL

[**https://theconversationproject.org/**](https://theconversationproject.org/)

**DEATH DISCUSSIONS AND EOL CHOICES**

**A Good Goodbye**: Just as talking about sex won’t make you pregnant, talking about funerals won’t make you dead.” ~ Gail Rubin, CT -[**https://agoodgoodbye.com/**](https://agoodgoodbye.com/)

**Death Cafes:** A group directed discussion of death with no agenda, objectives or themes. It is a discussion group not a grief support or counselling. [**https://deathcafe.com/**](https://deathcafe.com/)

**Death with Dignity**

[**https://www.deathwithdignity.org/**](https://www.deathwithdignity.org/)

**Choices Arizona**

[**http://www.choicesarizona.org/index.html**](http://www.choicesarizona.org/index.html)

**Final Exit Network**

[**https://finalexitnetwork.org/about/mission-and-vision/**](https://finalexitnetwork.org/about/mission-and-vision/)

**Compassion and Choices**

[**https://compassionandchoices.org/**](https://compassionandchoices.org/)

**HOSPICE, DOULA AND PALLIATIVE CARE**

**Americare Hospice & Palliative Care** (Mesa, AZ)

[**https://americarehospice.org/**](https://americarehospice.org/)

**National Hospice & Palliative Care Organization**

[**https://www.nhpco.org/**](https://www.nhpco.org/)

**Hospice Compare:** Find hospices in your area & compare based on quality of care[**https://www.medicare.gov/hospicecompare/#**](https://www.medicare.gov/hospicecompare/)

**INELDA: International EOL Doula Association:** Doula Midwifery at EOL

[**https://www.inelda.org/**](https://www.inelda.org/)

**NEDA: National EOL Doula Alliance**

[**http://www.nedalliance.org/**](http://www.nedalliance.org/)

**Good Grief**

[**https://good-grief.org/goodgrief/**](https://good-grief.org/goodgrief/)

**PATIENT SAFETY**

**CampaignZERO:** Campaign for patient safety in the hospital

[**https://campaignzero.org/**](https://campaignzero.org/)

**Long-Term Care Ombudsman**

[**https://ltcombudsman.org/**](https://ltcombudsman.org/)

**Joint Commission:** Healthcare safety

[**https://www.jointcommission.org/en/**](https://www.jointcommission.org/en/)

**Arizona Attorney General**

[**https://azag.gov/consumer/**](https://azag.gov/consumer/)

**AARP: American Association of Retired Persons** (Arizona)

[**https://states.aarp.org/arizona/**](https://states.aarp.org/arizona/)

**CONFLICT RESOLUTION**

**Mediate.com** (Conflict resolution info and articles)

[**https://www.mediate.com/mediator/details.cfm?clientid=14419**](https://www.mediate.com/mediator/details.cfm?clientid=14419)