

# POWAY ALL AGES A/BB MEET - APRIL 24 - 26 LONG COURSE METERS

**ENTRIES DUE BY - WED APRIL 15- 8 PM**

**ENTRY FEES** -\$15 surcharge per athlete  
\$7 individual event

**YOU PAY ME & I WRITE ONE CHECK**

**EMAIL ME YOUR ENTRIES**

**MUST HAVE TIME LISTED OR BE FASTER**

**Poway Community Swim Center**

**13094 Civic Center Drive, Poway, CA 92064**

**FRIDAY MAX 2 EVENTS**

Girls				Boys		
Warm up:				Meet Starts:		
Event	SC/LC Time	Age		Dist./Stroke	SC/LC Time	Event
1	<u>10</u> 7:45.09/7:01.69 <u>11/12</u> 6:45.69/6:04.79 <u>13/o</u> 6:22.79/5:41.79	10/o	BB MIN	400/500 Free	<u>10</u> 7:33.79/6:52.49 <u>11/12</u> 6:29.99/5:53.89 <u>13/o</u> 5:58.19/5:23.49	2
3	<u>11/12</u> 13:58.19/12:42.89 <u>13/o</u> 13:10.29/11:50.79	11/o	BB min	800/1000 Free	<u>11/12</u> 13:40.39/12:22.99 <u>13/o</u> 12:20.99/11:09.19	4
5	<u>11/12</u> 6:03.69/6:56.79 <u>13/o</u> 5:39.69/6:28.19	11/o	BB MIN	400 IM	<u>11/12</u> 5:50.09/6:46.59 <u>13/o</u> 5:13.59/6:02.79	6
7	<u>11/12</u> 23:19.69/24:14.99 <u>13/o</u> 22:01.19/22:43.49	11/o	BB Min	1500/1650 Free	<u>11/12</u> 22:42.89/24:00.99 <u>13/o</u> 20:46.99/21:25.69	8

## SATURDAY APRIL 25 - MAX OF 4 EVENTS

Girls				Boys		
Warm up:				Meet Starts:		
Event	SC/LC Time	Age		Dist./Stroke	SC/LC Time	Event
9	<u>10/u</u> 3:00.59/3:25.69 <u>11/12</u> 2:30.89/2:53.09	12/u	BB Min	200 Free	<u>10/u</u> 2:50.59/3:14.99 <u>11/12</u> 2:24.89/2:46.39	10
11	<u>11/12</u> 2:46.69/3:13.29 <u>13/o</u> 2:34.84/2:59.49	11/o	BB Min	200 Back	<u>11/12</u> 2:40.49/3:08.49 <u>13/o</u> 2:23.69/2:48.79	12
13	<u>10/u</u> 42.69/48.09 <u>11/12</u> 34.29/38.79	12/u	BB Min	50 Fly	<u>10/u</u> 41.29/46.39 <u>11/12</u> 34.19/38.69	14
15	<u>10/u</u> 1:46.89/2:03.89 <u>11/12</u> 1:29.29/1:42.19 <u>13/O</u> 1:22.91/1:34.99	OPEN	BB Min	100 Breast	<u>10/u</u> 1:42.29/1:59.19 <u>11/12</u> 1:25.49/1:39.59 <u>13/O</u> 1:14.79/1:27.09	16
17	<u>10/u</u> 43.29/49.69 <u>11/12</u> 35.99/41.59	12/u	BB Min	50 Back	<u>10/u</u> 42.89/49.29 <u>11/12</u> 35.59/41.09	18
19	<u>11/12</u> 2:50.29/3:15.99 <u>13/o</u> 2:38.99/3:01.69	11/o	BB Min	200 Fly	<u>11/12</u> 2:43.99/3:10.19 <u>13/o</u> 2:25.59/2:46.79	20
21	<u>10/u</u> 35.99/40.89 <u>11/12</u> 31.69/35.89 <u>13/O</u> 30.19/34.59	12/u	BB Min	50 Free	<u>10/u</u> 34.59/39.79 <u>11/12</u> 30.49/34.79 <u>13/O</u> 27.69/31.79	22
23	2:22.69/2:42.79	13/o	BB Min	200 Free	2:12.29/2:32.29	24

## SUNDAY APRIL 26 - MAX OF 4 EVENTS

Girls				Boys		
Warm up:				Meet Starts:		
Event	SC/LC Time	Age		Dist./Stroke	SC/LC Time	Event
25	<u>10/u</u> 3:18.79/3:48.89 <u>11/12</u> 2:50.69/3:15.59	12/u	BB Min	200 IM	<u>10/u</u> 3:15.99/3:43.69 <u>11/12</u> 2:45.79/3:08.99	26
27	<u>10/u</u> 1:33.99/1:48.09 <u>11/12</u> 1:19.79/1:32.69 <u>13/O</u> 1:11.39/1:23.29	OPEN	BB Min	100 Back	<u>10/u</u> 1:30.09/1:44.49 <u>11/12</u> 1:15.69/1:29.59 <u>13/O</u> 1:06.19/1:17.69	28
29	<u>11/12</u> 3:10.99/3:39.89 <u>13/o</u> 2:57.39/3:24.59	11/o	BB Min	200 Breast	<u>11/12</u> 3:02.39/3:31.59 <u>13/o</u> 2:42.39/3:08.29	30
31	<u>10/u</u> 1:41.39/1:55.39 <u>11/12</u> 1:18.89/1:30.49 <u>13/O</u> 1:11.29/1:20.99	OPEN	BB Min	100 Fly	<u>10/u</u> 1:38.99/1:52.89 <u>11/12</u> 1:16.09/1:27.29 <u>13/O</u> 1:05.49/1:14.59	32
33	<u>10/u</u> 48.69/55.49 <u>11/12</u> 40.89/46.19	12/u	BB Min	50 Breast	<u>10/u</u> 47.69/54.39 <u>11/12</u> 40.09/45.89	34
35	<u>13/O</u> 1:05.89/1:15.39 <u>10/u</u> 1:21.09/1:32.99 <u>11/12</u> 1:09.39/1:19.49	OPEN	BB Min	100 Free	<u>13/O</u> 1:00.29/1:09.79 <u>10/u</u> 1:18.89/1:30.59 <u>11/12</u> 1:06.39/1:16.19	36
37	2:39.49/3:03.09	13/o	BB MIN	200 IM	2:26.69/2:49.79	38