

Lawrence Family Jewish
Community Center
4126 Executive Drive, La Jolla, CA
JULY 10-12

ENTRIES DUE BY - WED JULY 1 -- 8 PM
ENTRY FEES - \$10 surcharge per athlete
\$7 individual event

YOU PAY ME & I WRITE ONE CHECK
EMAIL ME YOUR ENTRIES

Friday, July 10, 2026

Girls				Boys		
Warm up:				Meet Starts:		
Event	SC/LC Time	Age		Dist./Stroke	SC/LC Time	Event
1	<u>10</u> 7:45.09/7:01.69 <u>11/12</u> 6:45.69/6:04.79 <u>13/o</u> 6:22.79/5:41.79	10/o	BB MIN	400/500 Free	<u>10</u> 7:33.79/6:52.49 <u>11/12</u> 6:29.99/5:53.89 <u>13/o</u> 5:58.99/5:23.49	2
3	<u>11/12</u> 13:58.19/12:42.89 <u>13/o</u> 13:10.29/11:50.79	11/o	BB min	800/1000 Free	<u>11/12</u> 13:40.39/12:22.99 <u>13/o</u> 12:20.99/11:09.19	4
5	<u>11/12</u> 6:03.69/6:56.79 <u>13/o</u> 5:39.69/6:28.19	11/o	BB MIN	400 IM	<u>11/12</u> 5:50.09/6:46.59 <u>13/o</u> 5:13.59/6:02.79	6
7	<u>11/12</u> 23:19.69/24:14.99 <u>13/o</u> 22:01.19/22:43.49	11/o	BB Min	1500/1650 Free	<u>11/12</u> 22:42.89/24:00.99 <u>13/o</u> 20:46.99/21:25.69	8

Swimmers may swim a max of 2 events on Friday. Swimmers must be equal to or faster than the listed time

Saturday, July 11, 2026

Girls				Boys		
Warm up:				Meet Starts:		
Event		Age		Dist./Stroke		Event
9		12/u		200 IM		10
11		Open		100 Back		12
13		11/o		200 Breast		14
15		Open		50 Free		16
17		Open		100 Fly		18
19		Open		50 Breast		20
21		Open		100 Free		22
23		13/o		200 IM		24

MAX OF 4 EVENTS PER DAY

Sunday, July 12, 2026

Girls				Boys		
Warm up:				Meet Starts:		
Event		Age		Dist./Stroke		Event
25		12/u		200 Free		26
27		11/o		200 Back		28
29		Open		50 Fly		30
31		Open		100 Breast		32
33		Open		50 Back		34
35		11/o		200 Fly		36
37		13/o		200 Free		38

MAX OF 4 EVENTS PER DAY