

LAMORA FARMS
— *grow with us* —
Stuffed
One-Ball Zucchini

FROM OUR FARM TO YOUR TABLE.



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♥ LA MORA FARMS | ONTARIO, NY ♥

— *INGREDIENTS* —



1 large
LaMora Farms
onion, diced



1 lb LaMora
Farms round
zucchini



1/2 lb sweet
Italian sausage



1 cup
Italian
breadcrumbs



1/2 cup grated
parmesan
cheese



1/4 cup
olive oil

— *STEPS* —

- 1 Preheat oven to 375°F (190°C).
Cut off tops and hollow out zucchini balls.
- 2 Sauté the diced LaMora Farms onion and
sausage in olive oil until golden.
- 3 Mix sausage mixture with breadcrumbs and
parmesan. Spoon into zucchini.
- 4 Bake on a tray for 30–35 mins until
tender and golden brown.

— *Best. Stuffed Zucchini. Ever.* —