

LAMORAFARMS

grow with us



EXAMPLE WEEKLY SHARE

August 3rd – August 9th

(this list is just a guide - all weekly shares will contain whatever items are ripe & harvested, with the largest selection available peaking in the middle of the season)

	<u>SMALL GATHER SHARE</u>	<u>LARGE GATHER SHARE</u>
<u>Category 1- Fruit</u> 1 qt peaches 1 qt nectarines 1 pint sugar plums 1 pint blueberries 1 melon	Pick 2 _____ _____	Pick 3 _____ _____ _____
<u>Category 2- Veg A</u> 6 ears sweetcorn 1 qt beans 1 bunch beets 1 qt broccoli 1 qt tomatoes 1 pint cherry tomatoes	Pick 2 _____ _____	Pick 3 _____ _____ _____
<u>Category 3- Veg B</u> 2 eggplant 2 zucchini 2 yellow squash 2 bell peppers 1 bunch kale 1 onion 1 qt potatoes	Pick 3 _____ _____ _____	Pick 4 _____ _____ _____ _____
You do not have to GATHER your whole share in one trip, come as many times as you'd like & use this as a checkoff list so you know what items you've received and what you have left!		

Contact us:



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