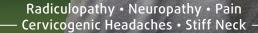


Life Changing Spinal Innovation

# NECK PAIN RELIEF

Starts Here



## **Compression Therapy**



Like the lumbar support used in most cars, the Vista MultiPost Therapy Collar offers therapeutic support to hold the head in proper posture, creating an enhanced healing position. This more natural alignment helps to reduce symptoms by taking the stress off vertebrae, discs and nerves, while allowing the supporting muscles to relax. The hot/cold therapy pack lets you direct the location of the therapeutic compression to help reduce inflammation, unlock tight muscles and provide effective relief.

## **Frequently Asked Questions**

How long do I need to wear the collar?

With 30-60 minutes of treatment in your home, this device can help relieve the painful symptoms of poor neck posture

How do I activate the compression?

Simply squeeze the pump located on the front of the collar until desired compression is reached. The compression can be reduced by pressing the release valve located next to the pump.

### ASPEN MEDICAL PRODUCTS

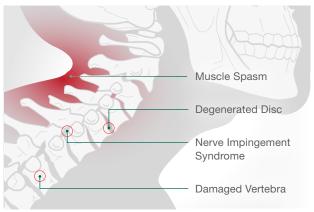
Over the years, Aspen has brought numerous spinal care innovations to market. Backed by more than 30 years of clinical research substantiating their safety, efficacy and comfort, Aspen products have helped millions of patients get back to activities they care about.

Quality products with features that make a positive difference is the reason why Aspen Medical Products is the industry leader in spinal orthotics.

## **ASK YOUR DOCTOR TODAY**

if an Aspen brace is right for you

## **Consequences of Poor Posture**



Reading, computer work and even cell phone use often contributes to poor neck posture. As your head moves forward out of alignment, gravitational forces are magnified causing neck muscles and structures to overwork. For every inch that the head protrudes from its normal position, the neck must support 10 additional pounds of load (*Dr. Adalbert I. Kapandji, author of "The Physiology of the Joints"*). The more misalignment, the greater the loads and the more significant the problems, which can include restricted mobility, neck and shoulder pain, radiculopathy, jaw pain, migraines, and arthritis in the cervical spine.

## The Benefits of Bracing



To promote healing, the Vista MultiPost Therapy Collar offers a unique compression system which helps to reposition the head and neck while providing an optimal level of therapeutic support for the cervical spine. In conjunction with other treatments offered by your physician, the Vista MultiPost Therapy Collar can reduce the symptoms associated with poor neck posture from the comfort of your home.



#### **Features**

**EASY & CONVENIENT USE AT HOME** 

CONTROL YOUR OWN LEVEL OF COMPRESSION

HOT/COLD THERAPY HELPS REDUCE INFLAMMATION

COMFORTABLY FITS ALL BODY TYPES

TRAIN YOUR BODY





## Effective Treatment From The Comfort of Home

Poor neck posture is a growing problem often caused by the increased use of computers and cell phones. Aspen's revolutionary Vista MultiPost Therapy Collar is designed to help re-establish a more natural alignment with the therapeutic goal of reducing symptoms.

 LIVESTRONG.COM. http://www.livestrong.com/article/194814-how-to-fixforward-head-posture/. Published 2015. Accessed June 13, 2016.

