

# THE BIO-PURIFICATION & CELLULAR RESET

*Master V's Advanced Protocol for Cellular Debris & Immune Support*

**MANDATORY MEDICAL DISCLAIMER:** This protocol is for nutritional and detoxification support only. It is NOT a substitute for professional medical diagnosis or treatment for cancer. You MUST work with an oncologist or licensed medical provider when dealing with serious illness.

## I. The Herbal Core: Black Seed & Soursop

This phase is designed to trigger apoptosis (natural cell death) of damaged cells and flush the resulting debris.

Day	Black Seed Oil (2x Daily)	Soursop Tea (3-4x Daily)
1 - 5	1 Teaspoon	1 Cup (Every 4 hours)
6 - 12	1/2 Tablespoon	1 Cup (Every 4 hours)
13 - 30	1 Tablespoon	1 Cup (Every 4 hours)

## II. The "Binder" & Flush Protocol

As the herbs unlock toxins and "dead cell stacking," we must use binders to ensure they leave the body rather than recirculating.

- **Gentle Binders:** Take **Activated Charcoal** or **Liquid Zeolite** 2 hours away from other supplements. This "traps" toxins in the gut.
- **Hydration Matrix:** Minimum 1 gallon of structured water daily. Add the **Salt & Potassium Protocol** to every liter to ensure the kidneys can handle the toxic load.

## III. The Regenerative Diet Plan

The focus is on alkaline, high-antioxidant, and high-fiber foods to support the "cleanup" crew.

- **The Fruit Fast:** Eat a high volume of berries, grapes, and melons. These act as "internal detergents" for the lymphatic system.
- **Vitamins & Nutrients:** High-dose Vitamin C, Vitamin D3/K2, and Selenium to support the "Natural Killer" (NK) cells.

- **AVOID (The "Stop" List):** All processed foods, refined sugars, dairy, red meat, and alcohol. These feed the "stacking" process and create acidity.

## IV. Daily Beverages

- **Morning:** Warm Water + Lemon + Sea Salt (The Adrenal Kickstart).
- **Day:** Soursop Tea (3-4 cups), Green Juices (Chlorophyll), and Hibiscus tea.
- **Evening:** Herbal detox teas (Dandelion or Milk Thistle) to support the liver.

### The Healing Garden of Destiny

*"Be water like the wind — move with heart and honor your rhythm."*