

# CLINICAL RESTORATION & BIO-PURIFICATION

The Healing Garden of Destiny | Master V

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## 1. THE MINERAL MATRIX (SALT & POTASSIUM)

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**The Why:** Every cell is an electrical battery. Sodium and Potassium are the electrolytes that "charge" the pump. Without them, the electrical signal to your organs is weak.

**Body Impact:** Stabilizes blood sugar, recharges the adrenals, and keeps the heart rhythm steady.

## 2. FASCIA & LYMPHATIC CLEARANCE

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**The Why:** Fascia is the casing for your muscles. If it is "glued" (adhesions), toxins cannot leave the tissue. Lymph has no heart to pump it; it requires the manual work provided by Master V.

**Body Impact:** Flushes metabolic "sludge," reduces chronic swelling, and allows muscles to glide without pain.

## 3. BIO-PURIFICATION (BLACK SEED & SOURSOP)

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**The Why:** Cancer and chronic illness are often "cellular stacking"—damaged cells that didn't detox properly. Black Seed Oil signals the body to identify and remove these cells (Apoptosis).

**Body Impact:** Clears parasitic loads, breaks down "dead cell" stacks, and resets the liver and pancreas filters.

## 4. THE VAGUS NERVE RESET

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**The Why:** The Vagus nerve is your "Rest and Digest" switch. If it is stuck in "Fight or Flight," the body will not prioritize healing or fertility.

**Body Impact:** Lowers cortisol, improves digestion, and signals to the body that it is safe to repair deep tissue.

## DAILY PROTOCOL SUMMARY

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- **Morning:** Salt, Lemon, and Water (Mineral loading).

- **Day:** Soursop Tea (3-4x) and Black Seed Oil (graduated dose).
  - **Night:** Binder (Charcoal/Zeolite) to trap released toxins.
  - **Movement:** Rhythmic rebounding and Vagus breathing.
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**"Be water like the wind — move with heart and honor your rhythm."**

Consult your healthcare provider before beginning metabolic resets.