

WOW! All you podcasters who listen at 1.5 speed.. . . not this one! This Lean On Session you'll be looking for the .75 speed option!

Admiral Barrett's video cuts out, but her words are clear, conversational, and cut-throat hilarious! Put this on during your commute to get a GREAT start to your day! Link here.

Formal introduction begins at minute 6:30.

Each take-away below had a colorful story with it, but here are some of my highlights:

*Not just "change for change:" focus on "Transformational" change.
*Be a "pied piper" for other's ideas
*Gather ideas from diverse groups
*Be the last one to speak at an idea generating session
*Think VISION and ART OF POSSIBLE, promote a wild imagination
*Example of Walt Disney who imagined Disney World in swampland
*Talk about RISK with your chain of command
*Weed out the "agents of resistance" and the "007s of NO"
*PET THE CAT!
*Give the die hard institutional resisters ONE SHOT. Then, let them GO!
*Focus on WHY, not HOW
*Throw away CHANGE GARBAGE
*Be a wolf: ears open, mouth closed
*Beware the GOOD IDEA FAIRY!

*Allow for failure

BIO: Rear Admiral Danelle Barrett's bio is extensive, and you can read it here. Most notably, she was the Director, Navy Cybersecurity and Deputy Chief Information Officer, and is the author of "Rock the Boat: Embrace Change, Encourage Innovation, and Be a Successful Leader."

REFERENCES: Explore this website: https://www.danellebarrett.com offering links to some of Admiral Barrett's presentations, published articles and two sample book chapters.