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**Puppy Teething Remedies**

* Roll a washcloth, run it under cool water, and tie knots at each end. Place it in a plastic bag and put it in your freezer. The frozen washcloth will provide some temporary relief for the puppy's sore gums. Feel free to use chicken or beef broth instead of water as a special treat.
* Ice cubes are great for relieving teething pain, and the coolness feels really good on your puppy's gums. Best of all, they are free! As with the washcloth remedy, feel free to substitute chicken or beef broth for water occasionally as a treat.
* Sometimes a gentle massage can help relieve some of the pain in your puppy's aching gums and teeth. Use your finger like you would a toothbrush and rub your pet's upper and lower gums with a circular motion.
* Vet-approved topical analgesics can reduce your pup's pain as well. Using your finger, rub a small amount gently onto their upper and lower gums.
* Chamomile is a safe herb that can provide some relief. Add some dried chamomile to boiling water then let it cool. Pour it into a bowl and let your puppy enjoy a nice, relaxing drink.
* Puppy teething toys are available online and at many pet stores. Look for toys with nubs and ridges, as these textures feel good on teething dogs' gums.
* Kongs are an all-around great toy, and they can also aid teething puppies. Stuff them with a little peanut butter and freeze them to create a therapeutic treat. A kong is a good investment because adult dogs enjoy them too.
* Some teething puppies seem to enjoy chewing on bully sticks. Dogs should always be supervised when using a bully stick, as pieces that break off can become lodged in their throats or intestines and cause medical issues. These can be purchased at most pet stores.