

Week 1 — Spring Menu 2024

	Mon	Tues	Wed	Thur	Fri		
Breakfast	A choice of cereal & fresh Fruit						
20% of a child's daily nutritional requirements	(Malt wheats, cornflakes, Wheat Bisks, Crisped Rice)						
Drinks: water	Noondotialia	To got ad any const	lub alaysani	Ocatab Namaskas	Togeted Tegesless		
M Snack	Breadsticks	Toasted crumpet	Wholemeal	Scotch Pancakes	Toasted Teacakes		
10% of a child's daily nutritional requirements	+Natural Yoghurt +Vegetable Sticks	+Spread +Strawberries	toast +melon	+Strawberries	+Banana		
Drinks: Water or Milk							
Lunch	Hidden Veg Pasta	Lamb Moussaka	Roast beef,	Pork Meatballs	Fish & Pea		
30% of a child's daily nutritional requirements	Bake with Sweetcorn	(or Lentil) with mixed salad	root veg and gravy	and pasta Fruit kebabs	Fishcakes, Potato Wedges and		
Drinks: Water	Fruit yoghurt pots	Rice pudding with raisins	Peaches and custard		Spinach Iced biscuits		
Tea	Varied Sandwiches	Savoury Muffins	Soup and	Beans on Toast	Hot filled Wraps		
20% of a child's daily nutritional requirements	Seasonal fruit salad	Seasonal fruit salad	crusty bread Seasonal fruit	Seasonal fruit salad	Seasonal fruit salad		
Drinks: Water or Milk			salad				



Week 2 - Spring Menu 2024

State of the state	Mon	Tues	Wed	Thur	Fri		
Breakfast	A choice of cereal & fresh Fruit (Malt wheats, cornflakes, Wheat Bisks, Crisped Pice)						
20% of a child's daily nutritional requirements	Titult whould, out thinked, whould bloke, of top out kilout						
Drinks: water							
M Snack	Breadsticks +Natural Yoghurt	Toasted crumpet +Spread	Wholemeal toast	Scotch Pancakes +Strawberries	Toasted Teacakes +Banana		
10% of a child's daily nutritional requirements	+Vegetable Šticks	+Strawberries	+melon				
Drinks: Water or Milk				10 11 11			
Lunch	Chicken/quorn and veg pie with peas and	Lamb/lentil goulash with	Poast pork, root veg and	Pork/lentil ragu and rice	Chicken/quorn goujons, Potato		
30% of a child's daily nutritional requirements	sweetcorn.	carrots and broccoli	gravy. Peaches and	Fruit kebabs	Wedges and beans and		
Drinks: Water	Fruit yogurt pots	Rice pudding with raisins	custard		lced biscuits.		
Tea	Varied Sandwiches	Savoury Muffins	Soup and	Beans on Toast	Hot filled Wraps		
20% of a child's daily nutritional requirements	Seasonal fruit salad	Seasonal fruit salad	crusty bread Seasonal fruit	Seasonal fruit salad	Seasonal fruit salad		
Drinks: Water or Milk			salad				



Week 3 — Spring Menu 2024

	Mon	Tues	Wed	Thur	Fri		
Breakfast	A choice of cereal & fresh Fruit						
20% of a child's daily nutritional requirements	(Malt wheats, cornflakes, Wheat Bisks, Crisped Rice)						
Drinks: water	No and attacks	To got ad a more at	lulbalaanl	Ocatab Namarkas	Taratad Taradaa		
M Snack	Breadsticks	Toasted crumpet	Wholemeal	Scotch Pancakes	Toasted Teacakes		
10% of a child's daily nutritional requirements	+Natural Yoghurt +Vegetable Sticks	+Spread +Strawberries	toast +melon	+Strawberries	+Banana		
Drinks: Water or Milk							
Lunch	Salmon and pea	Beef or veggie	Roast	Quorn	Pitta pizza,		
30% of a child's daily nutritional requirements	risotto with crusty bread	lasagne and mixed salad	sausage, root veg and gravy Peaches and	bolognaise and pasta Fruit kebabs	Potatoes Wedges and sweetcorn lced biscuits		
Drinks: Water	Fruit yogurt pots	Rice pudding with raisins	custard	Fruit kepaps	icea piscuits		
Tea	Varied Sandwiches	Savoury Muffins	Soup and	Beans on Toast	Hot filled Wraps		
20% of a child's daily nutritional requirements	Seasonal fruit salad	Seasonal fruit salad	crusty bread Seasonal fruit	Seasonal fruit salad	Seasonal fruit salad		
Drinks: Water or Milk			salad				