



National Day Nurseries Association

**★Brighter thinking
for early years**

Quiz



Promoting Positive Behaviour



National Day Nurseries Association

**★Brighter thinking
for early years**

NDNA quiz: Promoting positive behaviour

1. There are ten key emotional needs that all human beings have. Which of these below are included?

- a. Acceptance, encouragement, respect
- b. Happiness, freedom, power
- c. Sadness, loneliness, strength.

2. All behaviour is:

- a. Communication
- b. Annoying
- c. A way of controlling adults.

3. Which three actions would you associate with positive behaviour?

- a. Arriving on time, washing the cups after snack, smiling all day
- b. Being boisterous, relying on others, playing outside
- c. Kindness, showing care for others, and cooperation.

4. True or false? Environments influence a child's behaviour.

- a. True
- b. False.

5. Which kind of environment promotes positive behaviour?

- a. One that is bright and colourful with lots of children's work displayed
- b. One with a large open space with lots of open resources to share
- c. One that responds to children's needs and supports effective adult and child interactions.

6. Our ideas about children's behaviour are informed by:

- a. Strict rules and regulations
- b. Our own knowledge, background and experience
- c. Parental demands.

7. Is empathy developed naturally or is it learnt?

- a. Children naturally show empathy from the age of five
- b. Children learn empathy from the positive role models around them.

8. True or false? It is important to NOT interfere with how parents manage their own children's behaviour at home.

- a. True
- b. False.

9. Which of the following is a proactive measure to minimise behaviour that challenges?

- a. React strongly to every challenge
- b. Allow children to behave freely and without guidance
- c. Provide clear expectations and consistent routines.

10. If behaviour strategies aren't working, what should you do?

- a. Liaise with parents to consider making a referral to the relevant professionals
- b. Ask to be moved to another room
- c. Try and ignore the behaviour and hope it will stop soon.

Answers – yellow marks the correct answer(s)

1. There are ten key emotional needs that all human beings have. Which of these below are included?

- a. Acceptance, encouragement, respect
- b. Happiness, freedom, power
- c. Sadness, loneliness, strength.

2. All behaviour is:

- a. Communication
- b. Annoying
- c. A way of controlling adults.

3. Which three actions would you associate with positive behaviour?

- a. Arriving on time, washing the cups after snack, smiling all day
- b. Being boisterous, relying on others, playing outside
- c. Kindness, showing care for others, and cooperation.

4. True or false? Environments influence a child's behaviour.

- a. True
- b. False.

5. Which kind of environment promotes positive behaviour?

- a. One that is bright and colourful with lots of children's work displayed
- b. One with a large open space with lots of open resources to share
- c. One that responds to children's needs and supports effective adult and child interactions.

6. Our ideas about children's behaviour are informed by:

- a. Strict rules and regulations
- b. Our own knowledge, background and experience
- c. Parental demands.

7. Is empathy developed naturally or is it learnt?

- a. Children naturally show empathy from the age of five
- b. Children learn empathy from the positive role models around them.

8. True or false? It is important to NOT interfere with how parents manage their own children's behaviour at home.

- a. True
- b. False.

Note: It is important that childcare settings and parents work together in partnership and share strategies so there are consistencies between home and the setting.

9. Which of the following is a proactive measure to minimise behaviour that challenges?

- a. React strongly to every challenge
- b. Allow children to behave freely and without guidance
- c. Provide clear expectations and consistent routines.

10. If behaviour strategies aren't working, what should you do?

- a. Liaise with parents to consider making a referral to the relevant professionals
- b. Ask to be moved to another room
- c. Try and ignore the behaviour and hope it will stop soon.

To learn more promoting positive behaviour, visit our online training via <https://ndna.org.uk/product/promoting-positive-behaviour-2/>

The contents of this work are exclusively the property of National Day Nurseries Association (NDNA). We strive to ensure that this content is accurate and up-to-date, but information can change over time, so this document should not be used as a substitute for personalised advice from a qualified professional. We hope that you will continue to use this quiz as a useful tool and would welcome any feedback. If you have any queries or concerns about the quiz please do not hesitate to contact us.

National Day Nurseries Association

National Early Years Enterprise Centre, Longbow Close, Huddersfield HD2 1GQ
tel: 01484 407070 fax: 01484 407060 info@ndna.org.uk www.ndna.org.uk