Cymru
National Day Nurseries Association

Factsheet



Parts of the Body Songs

Wales

Parts of the body songs Caneuon rhannau'r corff

These songs will certainly get you moving. They'll also develop the children's language skills when playing dancing and singing.

Learning Opportunities	Cyfleoedd Dysgu
Communication skills	Sgiliau cyfathrebu
Welsh language vocabulary	Geirfa Cymraeg
Develop language skills	Datblygu sgiliau iaith
Use of children's imagination	Cefnogi dychymyg y plant

Songs / Caneuon

Fingers dancing	**Bysedd yn dawnsio**
One finger, two fingers, three fingers dancing, four fingers, five fingers, six fingers dancing, seven fingers eight fingers, nine fingers dancing ten fingers dancing happily.	Un bys, dau bys tri bys yn dawnsio, pedwar bys pump bys, chwech bys yn dawnsio saith bys, wyth bys, naw bys yn dawnsio deg bys yn dawnsio'n llon.

One finger one thumb	**Un bys un bawd**
One finger one thumb keeps moving One finger one thumb keeps moving One finger one thumb keeps moving Moving, can you see.	Un bys un bawd yn symud Un bys un bawd yn symud Un bys un bawd yn symud Yn symud, welwch chi.

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Pen, Ysgwyddau, Coesau, Traed	**Pen, Ysgwyddau, Coesau, Traed**
Heads, shoulders, knees and toes, knees and toes Heads, shoulders, knees and toes, knees and toes Eyes, and ears, and mouth, and nose Heads, shoulders, knees and toes, knees and toes What about singing again? Heads, shoulders, knees and toes, knees and toes Heads, shoulders, knees and toes, knees and toes Eyes, and ears, and mouth, and nose Heads, shoulders, knees and toes, knees and toes	Pen, ysgwyddau, coesau, traed Coesau, traed Pen, ysgwyddau, coesau, traed Coesau, traed Llygaid, clustiau, trwyn a cheg Pen, ysgwyddau, coesau, traed Coesau, traed Beth am ganu eto? Pen, ysgwyddau, coesau, traed Coesau, traed Pen, ysgwyddau, coesau, traed Coesau, traed Llygaid, clustiau, trwyn a cheg Pen, ysgwyddau, coesau, traed Coesau, traed

One hand up	**Un llaw i fynu**
One hand up One hand down, One hand up, And one hand down. Two hands up Two hands down Two hands up And two hands down. One foot up, One foot down, One foot up, And one foot down. Two feet up,	Un llaw i fynu Un llaw i lawr Un llaw i fynu Ag un llaw i lawr. Dwy law i fynu Dwy law i lawr Dwy law i fynu A dwy law i lawr. Un droed i fynu Un droed i lawr Un droed i fynu Ag un droed i lawr. Dwy droed i fyny Dwy droed i lawr Dwy droed i fyny

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Two feet down Two feet up, And two feet down. Head, shoulders, knees and toes Head, shoulders, knees and toes Knees and toes Head, shoulders, knees and toes knees and toes. Eyes and ears and mouth and nose Head, shoulders, knees and toes knees and toes.	.A dwy droed i lawr. Pen, ysgwyddau, coesau, traed Pen, ysgwyddau, coesau, traed, Coesau, traed, Pen, ysgwyddau, coesau, traed, coesau, traed. Llygaid, clustiau, trwyn a ceg, Pen, ysgwyddau, coesau, traed, coesau, traed.

Suggested learning opportunities Cyfleoedd Dysgu

These activities will help the children to develop their language skills using Welsh appropriately in a structured play activity. Children are beginning to become aware of the similarities and differences between themselves and their peers and through such learning opportunities, they will learn about parts of the body and features of the face, as well as shapes, colours and counting (how many eyes they have, how many fingers and toes etc).

Hand and feet painting Peintio dwylo a traed

Children can explore shapes and features of their hands and feet in Welsh and discuss the colours of the paints in Welsh.

Making face pictures Gwneud Llyniau o'r gwyneb

Use different shapes such as a potato cut in half and dip it into the paint to create a face on paper or ask them to paint a self-portrait by looking in the mirror and discussing with them their hair length, eye colour etc.

Parts of the body and face can be found in separate factsheets the details are below in further support.

Word bank and useful phrases

Basic colours

Red

Yellow

Blue

Green

Brown

Numbers one to five

Can you count to five?

Can you count to five?(plural)

One

Two

Three

Four

Five

Shapes

Circle

Square

Triangle

Rectangle

Oblong

Star

Heart

How many shapes are there?

Geirfa ac ymadroddion defnyddiol

Lliwiau sylfaenol

Coch

Melyn

Glas

Gwyrdd

Brown

Rhifau un i bump

Wyt ti'n gallu cyfri i bump*?

Ydych chi'n medru cyfri i bump?**S/

Dach chi'n medru cyfri i bump?**N

Un

Dau

Tri

Pedwar

Pump

Siapiau

Cylch

Sgwâr

Triongl

Petryal

Hirgrwn

Seren

Calon

Sawl siâp sy ma?

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Come and count the shapes	Tyrd i gyfri* y siapiau
Come and count the shapes (plural)	Dewch i gyfri y siapiau
Count with me	Cyfra gyda fi**S/Cyfra efo fi**N

indicates a soft mutation e.g Cyfri i bump – pump mutates to bump following i and cyfri mutates to gyfri*

** Please note where **N and **S is indicated, this refers to different dialogue that may be used in North Wales and South Wales

Further support / Cefnogaeth pellach:

For more learning opportunities and resources, take a look at our free weekly myNDNA learning opportunities and tips. Join myNDNA - **https://ndna.org.uk/myndna/**

- Song: **https://rebrand.ly/UnBysUnBawd**
- Song : **https://rebrand.ly/TroiEinDwylo**
- Song : **https://rebrand.ly/PenYsgwyddau**
- Song : **https://rebrand.ly/UnBuDauBys**
- NDNA Cymru Factsheets - **https://ndna.org.uk/WalesFactsheets**

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Brighter thinking for early years

Factsheet

Our factsheets are written by early years experts for the early years workforce. Most NDNA factsheets are free to our members.

NDNA is the national charity and membership association representing children's nurseries across the UK. We are a charity that believes in quality and sustainability, so we put our members' businesses at the very heart of ours.

We are the voice of the 21,000-strong nursery sector, an integral part of the lives of more than a million young children and their families. We provide information, training and advice to support nurseries and the 250,000 people who work in them to deliver world-class early learning and childcare.

See the full range of NDNA factsheets at www.ndna.org.uk/factsheets

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