

Bison Fitness Club Presents: Armlifting USA Super Series 2025

Unleash Your Grip Strength!

Join us for a two-part Armlifting USA grip competition hosted by Danielle Evansen and Sam and Mackenzie Tabbert at:

Bison Fitness Club

525 Fremont St, Kiel, WI 53042

www.bisonfitnessclub.com



Event Dates:

- Stage 1: June 14th, 2025
 - Event 1: One Hand 1.75" Raptor DL
 - Event 2: Two Hand DOH Blue Fat Gripz DL
 - Event 3: Grip Genie/IronMind Hub (Freestyle) DL
- Stage 2: August 23rd, 2025
 - Event 1: Two Hand 2" Country Crush DL
 - Event 2: 3" x 4" Saxon Bar DL
 - Event 3: one Hand Roge Grandfather Clock/Grip Genie Hilt DL

Who Can Join?

- All grip enthusiasts, arm wrestlers, strongman competitors, and newcomers!
- No experience required—new participants are welcome and encouraged!
- Requirement: Must be a member of Armlifting USA. Membership is only \$20—sign up at www.armliftingusa.com!

Details:

- Find all lift info, rules, and current records on the Armlifting USA website: www.armliftingusa.com
- Test your limits, break records, and join a community of strength enthusiasts!
- \$20 Sign up fee (Cash or Venmo)
- All Athletes will be responsible to record their own lifts. Athletes top lifts will be sent to Armlifting USA president Riccardo Magni for review.

Weigh-Ins at 10am

Lifting Starts at 10:30am

Weight Classes:

Women: 55kg, 60kg, 65kg, 70kg, 80kg, 90kg, 100kg, 100kg+

Masters 50+: 80kg, 80kg+

Men: 60kg, 70kg, 80kg, 90kg, 100kg, 110kg, 125kg, 125kg+

Masters 50+: 90kg, 110kg, 110kg+

Informational Video: <https://www.youtube.com/watch?v=0GqbOCZVpus>

Got questions? Email devansen@gmail.com or bisonfitnesskiel@gmail.com