



Stroke & Neuro Recovery Group

Our goal is to promote communication between survivors and their family/caregivers by equipping them with skills and strategies for self-advocacy. We also hope to provide psychological support for rebuilding quality of life and redefining sense-of-self following a stroke.

✦ **REGISTRATION IS NOW AVAILABLE!** ✦

For stroke survivors and individuals with acquired brain injuries and their caregivers.

2026 Group Dates:

January 7th

May 6th

September 2nd

February 4th

June 3rd

October 7th

March 4th

July 1st

November 4th

April 1st

August 5th

December 2nd

From:

1:00 - 2:30 pm

Please contact Cris at 405-315-6585 to register.

Space is limited. Cost is \$10 per person or \$15 per couple.

Group will be held at the Trinity Exercise Studio located at:

15220 N. Western Ave #1e, Edmond, OK 73013



Cris Gomes, MA, CCC-SLP is a speech-language pathologist who survived a massive stroke in 2021 at 35 years old. Her clinical practice with survivors of stroke and acquired brain injury is informed by her experience as a patient. Her mission is to share hope with those who are feeling hopeless after a life-altering event.



Pamela Forducey, Ph.D., ABPP-RP has been a health service psychologist since 1990, and is board certified in rehabilitation psychology. She has served in a hospital/medical setting for over 30 years, and has worked with individuals with neurological conditions and their caregivers.