**ST JOSEPH’S COLLEGE, BEULAH HILL, LONDON, SE19 3HL**

St Joseph’s College Covid-19 Social Distancing requirements

One-way entry and exit map below

* All users must Social distance
* Face masks to be worn by all users entering pool and moving around areas
* Toilets by the seating area will be locked
* Benches in changing rooms and seating have social distance markers on seats **NOT TO BE SAT ON**
* All Swimmers will be ‘beach ready’ (swimsuits under clothes) to limit the time spent in changing rooms.
* The entrance will be the single gate on Rycroft Road SW16 3EG, opposite house number 18, turn right at the end of the path, down the steps and enter the pool via the **back door** following the signs to the male and female.
* The swimmers will get changed and the swimming coaches/teachers advise swimmers when they can enter the poolside from the footbath entrance
* All Swimmers must exit the pool, enter the changing rooms for a quick-change **NO SHOWERING** and leave via the front door
* Parking will be on Rycroft Road; Cyclist must lock their bike up outside the swimming pool.

Current COVID-19 related government restrictions as they apply to everyone are:

* Any swimmer / parent / guardian that has travelled overseas must self-isolate for 14 days and not attend swimming;
* Any swimmer / parent / guardian that has been in contact with a confirmed case of COVID-19 must self-isolate for 14 days;
* Any swimmer /parent / guardian with symptoms or signs of COVID-19 (see below) MUST NOT attend a Swim Session until full recovery has taken place;

Symptoms of COVID-19 can range from mild illness to pneumonia. Some people will recover easily, and others may get extremely sick very quickly. People with coronavirus may experience symptoms such as:

1. Fever
2. Coughing
3. Sore throat
4. Shortness of breath
5. Loss of taste or smell
6. Temperature above 37.5ºc
7. Fatigue
8. Unusual muscle aches and pains
9. Diarrhoea.

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