

Superbill

A superbill is a document that shows a list of services you received from a healthcare provider. You may submit a superbill to your insurance company to receive reimbursement for services.

- Before you begin treatment, you may check with your insurance company's website to see which psychologists are in your network. You can also schedule a consultation with a psychologist to check if they accept your insurance.
- It is encouraged to call your insurance carrier and learn what out-of-network benefits are available.
- If you decide to work with a psychologist who is out of network, they may offer the option of using a superbill to help you get reimbursed (paid back) for your services.
- After submitting your superbill, your insurance company will process your reimbursement according to the details of your plan.