



Treatment Consent Form

Overview & Expectations

Teeth Whitening rapidly produces a noticeably bright and white smile from staining due to dark liquids or foods and/or tobacco. **DRINK PLENT OF WATER TO KEEP YOUR TEETH HYDRATED.**

WHAT TO EXPECT

Most people with healthy teeth and gums will experience no discomfort during the teeth whitening process. If you have any adverse reactions to whitening agents such as carbamide or hydrogen peroxide, or are not sure, please consult your dentist prior to having your teeth whitened. A tingling or slight sensitivity is normal and not harmful to your gums or enamel. Occasionally, gum or lip discomfort is experienced by particularly sensitive individuals. To prevent this, lightly coat the affected areas with Vitamin E. For teeth sensitivity it is best to use **Sensodyne** toothpaste or **Rincinol**. Following the treatment for those individuals who have sensitive teeth and or gums, it should subside within 24 hours.

I understand that the results cannot be guaranteed as teeth whiten differently for each individual. If you have grayish teeth, teeth may become a lighter shade of gray but will not change to a white shade.

I also understand that this procedure and the Take Home Whitening Pen will only whiten artificial teeth, caps, crowns, teeth with fillings, veneers or porcelain, composite, other restorative materials to their original color.

I understand that the longevity of my whitening results will vary based on the types of food and drink that I consume, brushing habits, and other daily maintenance.

I understand that if any sensitivity occurs that it should only be temporary. I understand that I may see some blanching on my gums after using the product, which is a normal reaction to hydrogen peroxide; it will only be temporary and generally passes within a few hours. Apply Vitamin E Oil following your treatment.

Use of the product is not recommended for children under 18 or for women that are pregnant or breastfeeding. It is also not recommended for anyone with periodontal disease or gingivitis as this can contribute to increased sensitivity.

I UNDERSTAND THAT IF ANY OF THE 8 STATEMENTS BELOW APPLY TO ME OR IF I AM UNSURE IF THEY APPLY TO ME, THAT I **SHOULD CONSULT MY DENTIST BEFORE CONTINUING WITH A TEETH WHITENING PROCEDURE:**

- Do you have a severe gag reflex?
- Are you prone to gum sensitivity?
- Do you have sensitivity to sunlight or other forms of direct light?
- Are you taking any medications that increase your sensitivity to sunlight or to other forms of direct light?
- Do you wear braces or have loose crowns, broken or fractured teeth, unfinished dental work or grayish teeth as a result on tetracycline?
- Have you had any oral surgery or extractions within the last 60 days?
- Do you have existing tooth decay, untreated gingivitis or periodontal disease?
- Are you allergic to any of the following ingredients? IF SO, DO NOT USE THIS PRODUCT Silicone Mouth Tray (latex free). (If allergic to Silicone avoid treatment) Carbamide Peroxide, Peppermint Oil, Propylene Glycol (If allergic to any ingredients avoid treatment) Cotton, or Vitamin E Oil.

Instructions after using the Product

I understand I should avoid eating or drinking any dark liquids or foods and/or smoking within 24-48 hours after the treatment(s). To maintain my results, I understand it is best for me to use the SiS Smiles the Take Home Whitening Pen each night starting with the first evening after my treatment.

I, (print name) _____, understand that liability is limited to the amount paid for my teeth whitening procedure and since everyone is different, whitening results will vary by individual. I also understand it is recommended that I consult with my dentist if I experience any problems after any teeth whitening procedure. I have read and understand all information above.

CLIENT SIGNATURE _____ **DATE:** _____