



OFFICE OF THE ZELIANGRONG BAPTIST ASSOCIATION

(A Development Unit of ZBCCNEI)

Christian Centre, Chiuluan P.O. Tamenglong, Manipur -795 141

E-mail: office@zba.org.in; zbccnei@gmail.com

Website: www.zba.org.in

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NARRATIVE REPORT OF THE OF MEDICAL CAMP & COVID-19 AWARENESS PROGRAM

This write up is a brief report on Health Camp and Covid-19 Awareness Program conducted Tamenglong district, Kamjong District, Phungyar District and Kasom District in Manipur from the 29th September to 31st October 2022 respectively. The program was organized by ZBA and sponsored by SELCO Foundation.

The covered villages in Tamenglong, Kamjong, Phungyar and Kasom areas are basically a highly resistant community to Covid vaccination. The areas are extremely remote and poorly connected to basic health facilities. Covered villages are geographically widely scattered, economically not sound, lack government infrastructures, poor hygienic, prone to different kind of diseases. Possibly it could be due to the low income, lack of awareness and knowledge, lack of proper transport, the patient could hardly visit the health institution in time. At this juncture in order to provide essential health care and health coverage **Medical Camp and Covid-19 Awareness Program** were organized by ZBA with support from SELCO foundation in order to spread awareness on Covid-19 vaccination and health coverage at 10 different villages in the hard to reach areas of Tamenglong District and another 10 villages in Kamjong, Phungyar and Kasom district of Manipur.

The campaign and vaccination had been completed in 10 villages of Tamenglong district and 10 villages in Kamjong, Phungyar and Kasom Dist. The first event was started on 29th September 2022 from Tamenglong to Aben Village a distant of about 65KM in a very difficult road. The team began its journey 9:30AM and reached the first target villag. However, the leaders of Aben Village and local church warmly extended their best hospitality. The team comprised of 14 members including doctor, nurses, The Frontline Group, local influential leader among others.

For each camp, the program began with music and other entertainment to attract the local population. As people gathered, mass awareness campaign on the benefits of Covid Vaccination was initiated led by the influential person of the area, the religious organizational head, Rev. Dr. Adui Newme, the General Secretary of ZBCCNEI. In his speech he had made all the clarifications about common myths, misconceptions and misguided beliefs about the vaccine. And he strongly urged the locals to get vaccinated for their own safety and as a responsible person in the family and a good state citizen. He also acknowledged the motives and efforts for saving the life of people from the pandemic by the Government of India and peoples' centric organizations/NGOs.

As soon as the awareness session got over, free health check-up and vaccination activities were carried out simultaneously. Registrations for health check-up was done for all patients with the help of the local ASHAs and church leaders. In each camp there were good number of turn ups for vaccination as well as patients to be treated from minor to major cases. According to the doctor's consultation report the common illness noted in different villages are mentioned below:

Sl. no	Name of the villages	No. patients	M	F	Common illness
1	Aben	85	40	45	Viral flu, eye pain, age related sickness, vitamin deficiency, injury, high blood pressure, backache, irregular period.
2	New Mandeu	80	26	54	viral flu, eye pain, pile case, age related sickness, vitamin deficiency, scabies, toothache, backache
3	Teguaram	122	49	73	Mostly Viral flu , eye pain, pile case, age related sickness, back pain, stiffness, joint pain, toothache, allergy, Gastritis, backache
4	Impa Nkang	135	59	76	Viral flu, eye pain, pile case, age related sickness, vitamin deficiency, toothache, fungal infection.
5	Inem	105	44	61	Viral flu, eye pain/blurry vision, age related sickness, vitamin deficiency, palpitation, scabies, allergy, constipation, dizziness, toothache ,join pain, Urinary incontinence, Tinia solium
6	Kuilong	135	48	87	Hypertension, Backache, paralyze, migraine headache, abdominal pain, URTI, epigastric pain, fever, peripheral neuropathy, breathing difficulty, cough, HFMD, allergic dermatitis, generalize weakness, dizziness, seizure, constipation, vertigo, enteric fever, epilepsy, vaginitis, etc.
7	Nkou Nhang	77	31	46	Allergic, contact dermatitis, Heart burn, tinia solium, acute URTI, Backache, fever, general weakness, tonsillitis, folliculitis, vision weakness, eye pain
8	Kunphung	104	37	67	Generalized weakness, epigastric burn, gastritis, ulcer, common cold, peripheral neuropathy, atopic dermatitis, irregular period, weak limb, tooth carries, photophobia, ,URT, Dyspepsia, scabies, acute Wotitis media, HMFD, Opthal ulcer, ophthalmitis, tinnitus ear, RTI, contact dermatitis, vaginal discharge, blepharitis,
9	Lower Dikiuram	33	18	15	Backache, Tooth carries, contact dermatitis, general weakness, gastritis, shoulder pain, Tinia solium, Migraine TMJ, Tonsillitis, folliculitis, acute URTI, eye pain, etc.
10	Panrong	118	37	81	Body ache, joint pain, cough, loss of appetite, pain abdomen, bleeding PV, fever URTI, irregular period, epigastric pain, UTI with HTN, chest pain, sore throat, white discharge, gastritis, allergic rhinitis, slow developmental growth, conjunctivitis, itching, nasal blockage, hemorrhoid, tinnitus, leg numbness, constipation, peripheral neuropathy, otitis media, hypochondrium pain, lump on temporal area and private parts, etc.

11	KONGKAN	35	15	20	Vitamin deficiency, eye pain, age related sickness, back & joint pain, allergy, viral flu, toothache, Bp high & low, Gastritis, diabetes, fiver, small box, Dairrhea , sinusitis , cough, typhoid , Mentrual problem.
12	KANGPAT KHUNOU	97	37	60	Backache, fever, general weakness, tonsillitis, folliculitis, viral flu, eye pain, pile case, age related sickness, vitamin deficiency
13	KOSO	62	25	37	Scabies, nasal blockage, hemorrhoid, tinnitus, Vitamin deficiency, viral flu, toothache, Bp high & low, Gastritis
14	NONGDAM	76	36	40	Vitamin deficiency, scabies, toothache, backache, irregular period, , pain abdomen, bleeding PV, fever URTI
15	MAILIANG	69	30	29	Tooth carries, contact dermatitis, general weakness, gastritis, shoulder pain, Tinia solium.
16	CHAHONG	62	30	32	Photophobia, ,URTl, Dyspepsia, scabies, acute Wotitis media, HMFD, Opthal ulcer, opthalmitis, tinnitus ear, RTl, contact dermatitis, vaginal discharge,
17	LUNGPHU	90	40	50	Tinnitus, Vitamin deficiency, Gastritis, diabetes, fever, Backache, general weakness
18	REISHANGPHUNG	31	14	17	Migraine TMJ, Tonsillitis, folliculitis, acute URTl, eye pain, Backache. Irregular period, Tootache, Constipation
19	LAIHAORAM	105	40	65	Mentrual problem, Gastritis, diabetes, fiver, small box, Dairrhea , sinusitis , cough, typhoid
20	CHATRIC	74	30	44	Allergies, viral flu, eye pain, pile case, age related sickness, vitamin deficiency, scabies, toothache, backache injury, high blood pressure, backache,
	Total	1695	686	999	

Table 1.1. Data summary of treated patients in 20 different villages in Tamenglong District, Kamjong, Phungyar and Kasom

Cluster	1st Dose	2nd Dose	3rd Dose	Above 18 Overall Population	Percentage
Tamei	9232	6369	1377	18868	48.929404
Tousem	11410	7948	1967	13931	81.903668
Kamjong	3001	2387	671	3981	75.38307
Phungyar	6783	5406	678	9638	70.37767
Kasom	4149	3180	364	5696	72.84059

Table 1.2. Data summary report of Covid Vaccination for the Month of October 2022

Observation and challenges of the Campaign: The health camp saw the attendance of major groups of people old, young, men and women. There has been a great shift in COVID Vaccination rate from the month of October comparing with September 2022 raising the earmark to 48.9% in Tamei block, 81.9% in Tousem Block, 75.38% in Kamjong, 70.37% in Phungyar and 72.84 in Kasom.

Overall, the diagnosis reflects that viral flu, age related chronic diseases, scabies, joint pain, eye pain, allergic, gastritis, white discharge, toothache, blurry vision and vitamin deficiency were the most common sickness. Along with the geographical diversity different diseases are found in different regions. Most of the patients were from the host village; however, we have seen the surrounding villagers attended the program. People old and young

had been vaccinated at the high rate in every villages. Through this efforts the team break through some of the most resistant village. It is noted that the month of October is the right time for conducting health camp as there is lot of patients within the village without medical care. The reason for maximum number of sickness could be due to seasonal changes in the region from summer to winter and stressful intensive jhum harvest season.

Photos of vaccination and health camp:



Pic. 1. Awareness session for vaccination.



Pic.2. Medicines dispensed for the patient



Pic.3. Covid19 vaccination at Teguarum village.



Pic. 4 Registration for vaccination.

Some of the challenges are the people living in these regions are not able to fully get the benefits given by the government concern health departments. Among many reasons, the lack of all-weather motor-able roads has deprived the people from getting the basic health facilities. Women, children and old age people suffered the most. Challenges for the visiting team are no less when it comes to transportation and mobility. The toughest part for our campaign team was the transportation challenges. Though the team has well experience drivers from the area the team has to run for manual help to pull vehicles from the local residents. Mention has to made that the team has to struggle on the road till midnight in the forest, rain, mosquitoes, leeches to reach certain village. Certain other complications were, breakdown of vehicles in the road, slipperiness, rough of terrain and mud slide during the rain. There was a desperate demand for medical aid in all the villages we passed by. With deep disappointment the team has to cover those patients as our target is limited to 20 villages.

The Medical camp and Covid19 Awareness Program in Tamenglong, Phungyar, Kasom and Kamjong district concluded according to planned schedule covering ten different villages. This initiative had helped to breakthrough some major common people myth and misconception on Covid vaccination and bridge the gap in achieving health coverage in the hard-to-reach part of the areas. However, the team could not respond to some of the needs of local due lack of equipment and complex situation of the patient diagnosis. Meanwhile, we had experience overwhelmingly joyous compliments from the residents of all 20 villages and the surrounding villages. The ZBA would sincerely appreciate all the team members for making the camp a grand success.

Some of the photos of the Vaccination campaign.



Pic.6. Health and vaccination Drive at Aben



Pic.7. Health Check-up at New Mandeau Village.



Pic.8. Locals gathered for registration for vaccination and health check-up at Teguaran Village



Pic.9. At Impa Nkang village People gathered to participate Health camp and Covid19 vaccination Drive.



Pic.10. Medicine dispensed after doctor's consultation at Inem Village during the Covid 19

(Dr. ADUI NEWME HEGE)
Chief Functionary, ZBA