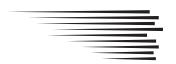


\*prices subject to change

QUICK TRIP QUICK TRIP QUICK TRIP QUICK TRIP QUICK TRIP QUICK TRIP



## Quick Trip 1-hour duration sauna and cold plunge session

1 visit	\$30	
2 visits/month	\$56/month	\$28 per visit
4 visits/month	\$100/month	\$25 per visit
8 visits/month	\$184/month	\$23 per visit
15 visits/month	\$300/month	\$20 per visit
FROSTFIRE Founder (150 visits to be used over 1 year)	\$2250	\$15 per visit (same amount for both 1 and 2-hour duration visits)

## <u>Memberships perks</u>

Additional 1-hour sessions are \$20 for members

Bring a friend \$25 per visit



\*prices subject to change

## TWO HOUR TWO HOUR TWO HOUR TWO HOUR TWO HOUR TWO HOUR 2-hour duration sauna and cold plunge session

1 visit	\$40	
2 visits/month	\$76/month	\$38 per visit
4 visits/month	\$140/month	\$35 per visit
8 visits/month	\$264/month	\$33 per visit
15 visits/month	\$450/month	\$30 per visit
FROSTFIRE Founder (150 visits to be used over 1 year)	\$2250	\$15 per visit

## Memberships perks

Additional sessions \$30 for members

Bring a friend \$35 per visit