## Intraspero

## **Strengthening Families – Transforming Lives**



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## Gladys Gutierrez-Teske, MSW, LCSW

For over twenty years, Gladys Gutierrez-Teske has been helping individuals and families to improve their ability to address and cope with life's issues. The call for help is answered with a warm smile, an empathetic ear and the ability to understand the situation. The time spent dealing with the problem alone is finally over – even after just the first meeting with Gladys.



Gladys Gutierrez-Teske is a Licensed Clinical Social Worker through the California Board of Behavioral Sciences. She obtained a Master's Degree in Social Work (emphasis in Children and Families) from USC in 1996 and has her BA in Psychology from CSULB (emphasis in Children and Adolescence).

Gladys has been employed by non-profits, schools and the County of Orange. She has extensive experience working with children, adolescents, individuals, couples and family counseling. Gladys also has experience teaching parenting and developed life skills and character-building programs for preteens and teens. She has facilitated support groups for both children and adults, conducted psychosocial assessments, and has designed and implemented staff development days for churches and other organizations. Gladys has worked in the areas of ADHD, Depression, Anxiety, trauma, child abuse treatment and prevention, domestic violence, teen pregnancy and anger management for children.

Gladys is bilingual/bicultural – Spanish Speaking, wife and mother of two sons. Gladys has provided services for the following organizations: Children's Bureau of Southern California, County of Orange - Behavioral Health, Child Guidance Center, Thomas House Temporary Family Shelter, Anaheim City School District, Catholic Charities of Orange County, The Wooden Floor and Share Our Selves (SOS). You can find more information about Intraspero Family Services and Gladys Gutierrez-Teske at this website: <a href="https://www.intraspero.com">www.intraspero.com</a> or by calling 714-253-3853.