

JULY 2024 Barn Centre Timetable

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6	7
1	9.30-10.30 Tai Chi 6.30-9.00 Yoga 2.00-3.00 Prayer Meeting	9.45- 1.30 Pilates 6.00-7.30 Pilates 7.30 Dance	10.30-1.00 Exercises/dance 5.00-9.00 NYC (in park)	12.00-1.30 Pilates 2.30 – 4.30 Solo Friends 6.45-9.00 Pilates	9.30-10.30 Tai Chi 12.30-2.45 Yoga	9.00-1.00 Leveller and Gooseberry Show (Doors open 9.45)	9.30-9.45 Prayer Meeting 10.00 Children's Choir
	8	9	10	11	12	13	14
2	9.30-10.30 Tai Chi 10.30-1.00 Lunch Club 6.30-9.00 Yoga	9.45-1.30 Pilates 6.00-7.30 Pilates 7.30 Dance	10.30-1.00 Exercises/dance 5.00-9.00 NYC	12.00-1.30 Pilates 4.00 Children's Choir 6.45-9.00 Pilates	9.30-10.30 Tai Chi 12.30-2.45 Yoga		9.30-9.45 Prayer Meeting
	15	16	17	18	19	20	21
3	9.30-10.30 Tai Chi 6.30-9.00 Yoga	9.45-1.30 Pilates (11.00 Flower ladies in church) 6.00-7.30 Pilates 7.30 Dance	10.30-1.00 Exercises/dance 1.30-4.30 Sewing Group 5.00-9.00 NYC (in park)	12.00-1.30 Pilates 3.00 -5.00 Tea at Three 6.45-9.00 Pilates	9.30-10.30 Tai Chi 12.30-2.45 Yoga		9.30-9.45 Prayer Meeting 10.00 Owls Club
	22	23	24	25	26	27	28
4	6.30-9.00 Yoga	7.30 Dance	10.30-1.00 Exercises/dance		12.30-2.45 Yoga	4.00 – 6.30 Children's Party	9.30-9.45 Prayer Meeting
	29	30	31	1 AUGUST	2 AUGUST	3 AUGUST	4 AUGUST
5	6.30-9.00 Yoga	9.45-1.30 Pilates 6.00-7.30 Pilates 7.30 Dance	10.30-1.00 Exercises/dance	12.00-1.30 Pilates 2.30 – 4.30 Solo Friends	12.30-2.45 Yoga	2.00 – 5.00 Concert and Cream Tea	9.30-9.45 Prayer Meeting