

## Life Awakening

teaching the simplicity and practicality of the Gospel for abundant and eternal life.

*"...the Gospel, for it is the power of God unto salvation..."*

*Romans 1:16*

## Kingdom Seekers Bible Study

Ladies, if you are interested in joining a group of spiritually hungry women, join us on Tuesday mornings 9:30 - 11:30 at City Gate New Holland, 117 E. Main Street, New Holland. We are studying the book of Acts. If you would like to join us, call for more details!

## Mission

To train people how to simply and practically join the Gospel for freedom, healing, and victory from the burdens of sin and pain for themselves and others.

## Vision

To see believers fulfill the promise of the Gospel for abundant life here on earth, while furthering the expansion of God's Kingdom.

# AWAKENED

Newsletter

## MEET TALEAH

I had spent much of my life running from pain, burying my emotions, and doing my best to grit my way through life. However, in 2023 my life hit absolute rock bottom. Due to my own brokenness and the choices made from that place, I had found myself in an emotionally and verbally abusive relationship which had brought me to a place of such brokenness that I began to believe the only way to escape the torment was to end my life. I was living in California and was trying every day to escape the war within my own mind and the torture of my relationship. Out of total desperation to save my own life, I booked a one-way ticket back to Lancaster to spend time with my family and get away from my ex-boyfriend for a bit.



**TALEAH**

During that trip home I came in contact with Life Awakening. Completely broken and a shell of the person I had once been, I started sessions with Andrea, opening up in a way with her like I had never done with anyone previously. With each session we faced the things I had spent years burying and one by one I applied the Gospel through the *Gospel Process* to each thing. The insecurity and self-hatred that had become my daily companion began to fade away. I decided to end the relationship with my ex-boyfriend and move back to PA permanently. It was a messy and painful journey, but over the next few months I had weekly sessions as we continued to pray through each of the lies that had been controlling my life for years. After a few months, I decided to go back to my ex hoping that this time things could be different. I had changed so much, and I had hoped the same would be true for him. It came as a shock to everyone. But it wasn't long before I realized I had to leave the relationship with my ex for a second time and this time for good. It was a messy process yet again; however, the weekly sessions and continuing to face the years of buried lies continued to bring immense breakthroughs.

I am deeply grateful for Andrea's gracious and continual listening ear, together with the hard questions she asked as I had to navigate through each step of the messiness. My experience with the *Gospel Process* has truly changed my life. It has helped my relationship with the Lord and taught me to ask hard questions of myself and face the truth. It has brought immense healing and transformed how I view the world and how I work through the lies that arise. Thank you, Jesus, for your Good News - the Gospel of Jesus Christ! It really is Good News!



*Donations Needed*

**Tissues. Tissues, and more Tissues!** As people move along in their healing journey, tears come, and come, and come. Would you consider donating a box or two of tissues?

## TAKING NEW CLIENTS!

Andrea Holder has been working this past year as the Assistant Director of Life Awakening. Her passion to see people set free extends to developing and teaching our Become a Champion and That Split Second trainings, alongside Linda. That passion, though, is best expressed in Championing Gospel Process sessions with individuals who are hurting and in need of healing.

Andrea is now taking new clients, so PLEASE SPREAD THE WORD OF HER AVAILABILITY or REACH OUT for yourself or others who you want to be freed through the Gospel Process by calling our office at 717-354-2888, emailing [life@lifeawakening07.org](mailto:life@lifeawakening07.org) or through our website, [lifeawakening07.org](http://lifeawakening07.org)!

**SAVE THE DATE**

**LIFE AWAKENING'S  
NIGHT OF BLESSING**

**Tuesday, September 16, 2024  
6:30pm**

**Ephrata Community Church**  
70 Clay School Rd  
Ephrata, PA 17522

## Director's Corner

*Linda S. Ingham*

Paul, who wrote much of the Epistles, is quite interesting! He united his heart with the various mobs that hated Christians, while joining their forces to persecute and kill them off. Then bam! An encounter with Jesus turned his heart and world upside down, baffling not only the onlookers who watched the life-changing event occur, but the new Christians who observed with amazement, a changed man!

Second Corinthians 11:23-28 notes the hardships Paul thereafter faced: imprisonments, beatings with rods and 39 lashes, sleepless nights, starvation, a stoning, shipwrecks -- always in danger of rivers, seas, robbers, Jewishmen and Gentiles. Then Paul declares, after sharing the struggle of his own humanity (probably during all the hardships), "Oh, wretched man that I am who will deliver me from this body of death?" (Romans 2:24)!

What a life...from the *dead religious sector* to the heights of a *life-changing encounter with Jesus Christ* to the *humility of hardships* which revealed his *struggling heart*! What kept Paul, gave him energy in the midst of it all? Why did he not quit, go crazy, or harden his heart? Was it the mystery of "*Christ in Him*" of which he consistently wrote throughout the Epistles? Clearly, he experienced the power of "*Christ in Him*" and all the calming and stabilizing truths that flow from that fact. As we continue to "*put off the old*" with its layers, how much more we will be able "*put on the new*" just as Taleah shared!

*Life Awakening is a non-profit 501(c)(3) organization. Financial contributions are deductible as charitable gifts for federal income tax purposes.*

*Ways to give financially: 1) Check; 2) PayPal via LA website; 3) Electronic Funds Transfer (EFT), call us to set up*

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