

Life Awakening

teaching the simplicity and practicality of the Gospel for abundant and eternal life.

"...the gospel, for it is God's power for salvation to everyone..."

Romans 1:16

What We Do

Ministry Sessions -

Guiding individuals toward freedom and healing from abuse, trauma, hurt, and more, through the *Gospel Process*. Embrace, Die, Bury, and Rise to all of those things, like Jesus.

Training & Equipping -

Teaching others how to join the Gospel, *Become a Champion of the Gospel Process*, and avoid *That Split Second* decision that sends you into a spiral of pain.

Mission

To train people how to simply and practically join the Gospel for freedom, healing, and victory from the burdens of sin and pain for themselves and others.

Vision

To see believers fulfill the promise of the Gospel for abundant life here on earth, while furthering the expansion of God's Kingdom.

AWAKENED

Newsletter



you are invited to our 25TH BIRTHDAY PARTY

WHO

you, your children, family, friends, neighbor, florist, baker, your sisters husbands parents neighbors cousin...anyone and everyone!

WHAT

a party celebrating Life Awakening's 25th birthday with author-led storytime, games, and crafts!

WHERE

Roland Park Pavilion #1, Akron, PA

WHEN

Saturday, May 2 / 1:00pm - 3:30pm

RSVP

by Saturday, April 25 to 717-354-2888 or chelsea@lifeawakening07.org

If you would like to give a birthday gift of \$0.25, \$2.50, \$25, \$250, etc, a donation box will be available!

Hi, I'm Corinne Denlinger. I've been a Board member of Life Awakening (LA) for over three years, serving as secretary and treasurer.

Joining the Board was an intentional decision for me rooted in the desire to help others find freedom from pain. While I had not personally experienced LA's process of EMBRACE, DIE, BURY, RISE patterned after the Gospel of Jesus Christ, I quickly became acquainted and enjoyed hearing stories of many being released from their bondage. However, I was still curious. What would a session with Linda or Andrea actually be like? Furthermore, what would a training (to do what they do) be like? Linda and Andrea have not only been ministering to individuals in private sessions but they have been training others to do the same.



CORINNE DENLINGER

So, you can imagine how excited I was to hear that Linda and Andrea would be hosting a training - *Become a Champion of the Gospel Process* - specifically for Board members. It turned out a few others joined us (YAY!), but the original intent was for educating those of us on the Board. Our training was held Wednesday and Thursday, October 28 and 29, 2025, 9:00 am-3:00 pm in a cozy space at The Living Room, a local church in Ephrata.

My experience of this training was far beyond what I expected. We spent the first morning learning about the *Mindset*. The *Mindset* basically boils down to this: the sin and pain that we carry in different forms is separate from us. Just like if we swallow a penny or a button, it is separate from us and does not belong in us. The second morning we learned about the *Mechanics*. This included getting to the root of the wound and reviewing case studies where we asked the Lord to show us what might be going on. While the mornings were classroom instruction, the afternoons were clinical experience.

We learned and reviewed how to help someone extract the pain using the *Gospel Process Map*. The *Map* is four steps: EMBRACE, DIE, BURY, RISE - the same four steps Jesus took when He died for our sins and rose again. It involves sharing feelings, renouncing, inviting, and prayer. Both afternoons, we paired up and took turns sharing what we were carrying and practicing the *Gospel Process Map*.

While the intent for this training was education, the unexpected outcome was that I released some junk I had been unknowingly carrying. The afternoon practice sessions became real sessions. By the end of the training, I felt like a huge emotional weight was lifted off my back. God is so good. I am free! Linda and Andrea are excellent teachers using creativity and fun demonstrations to illustrate biblical truths. They had us laughing one moment, yet crying the next as we identified with some of the pain they were teaching us about.

If you ever have a chance to sign up for a training, just do it. You won't regret it. You also won't regret contacting Linda or Andrea for a session to get rid of anything ugly you're carrying. They are so compassionate and gifted in helping others get free from their pain.

Executive Director

Linda S. Ingham

If you live in this area, we would be privileged to have you participate in our upcoming 25th Birthday Party. Twenty five years ago, what started as a ministry to mentor women is developing into a ministry to the whole family so all can receive freedom and healing. Children's books are in the process of being printed and we are even piloting a children's camp this summer. Developing the children's ministry is a definite answer to our heart-felt prayers! God is having His way accomplished, in His timing and we want to celebrate all that He has done in 25 years!

I Thessalonians 5:24 says, "Faithful is He who calls you, and He also will bring it to pass." The fulfillment of this promise is Life Awakening's testimony as over the last 25 years, God has brought forth a powerful ministry of freedom and healing, through the *Gospel Process*, that we never expected. He gets ALL the glory, ALL the praise, and ALL the honor for what He has done and continues to do! Hallelujah!

Come and join us...bring others...rain or shine! Enjoy the cake and ice cream and maybe we will even be able to get you to wear a party hat!

INTERESTED
in more info about ministry sessions?



Call, text, or email!
(717) 354-2888
LIFE@LIFEAWAKENING07.ORG

Life Awakening is a non-profit 501(c)(3) organization. Financial contributions are deductible as charitable gifts for federal income tax purposes.

Ways to give financially: 1) **Check**; 2) **PayPal** @LifeAwakening or via LA website; 3) **Venmo** @Life-Awakening; 4) **Electronic Funds Transfer (EFT)**

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Mrs. Andrea P. Holder, *Director of Training*
Mrs. Chelsea Clark, *Administrative Assistant*

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PO Box 843, Ephrata, PA 17522 ✨ (717) 354-2888 ✨ life@lifeawakening07.org ✨ www.lifeawakening07.org
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