

## *Toolkit for Victorious Living*

This can help one learn to walk in faith and thankfulness in the midst of the challenges of life. Although this was not designed for a group, it can be studied together with other people.



Because of your *union with Christ*, you are His Bride, married to Him, the Groom. One day the Marriage Supper of the Lamb (Rev. 19:7) will occur wherein the Bride (you) will be officially presented to the Groom (Jesus). We need to get ready for that Supper! Yes, we have to get cleaned up and dressed! And we will have to stop fighting because Jesus will not allow fighting at His Supper table! The *Gospel Process* will help to clean up and dress the Church, the Body of Christ, not only in preparation for the Marriage Supper of the Lamb, but to be free in and full of the Spirit so that we can manifest God and His supernatural heavenly Kingdom on this earth today! Hallelujah!

### ***Mission Statement***

To teach people how to join the Gospel to receive freedom, healing, and victory from the burdens of sin and pain for themselves and others.

### ***Vision Statement***

To see believers fulfill the promise of the Gospel for abundant life here on earth, while furthering the expansion of God's Kingdom.

#### **OFFICE ADDRESS**

55 New Street  
Ephrata, PA 17522

#### **MAILING ADDRESS**

PO Box 843  
Ephrata, PA 17522

*We are unable to receive mail at our office address.  
Please be sure to use the mailing address.*

***If you want more information  
about how you can participate in  
the LA Academy, contact:***

Linda S. Ingham, *Executive Director*

www.lifeawakening07.org  
life@lifeawakening07.org  
(717) 354-2888

*Find us on Facebook & Instagram!  
@LifeAwakeningPA*



 **Life Awakening**  
A LIFESTYLE WORTH LIVING

In a split second, does rage engulf you? In a split second, are you buried in the pain of rejection, on the verge of striking back with a vengeance? In a split second, does jealousy assault your heart like a bolt of lightning? Are you stuck in offense unable to spontaneously love at will, in life-giving ways? Or maybe you are *locked* in the pain of betrayal that lacerated your heart 20 years prior?



Hmmm...Split second? Stuck? Yes, in *That Split Second* like the snap of your fingers, you react. You are stuck. Soon, you are actually locked in a trap of sin and pain, unable to experience freedom, healing, and victory. Your life seems to become like a ping-pong game of going back and forth between being that good Christian yet biting your tongue or stuffing your pain. You are ready to explode, break down, quit, or whatever. And it costs, because along the way, you experience hurt, harm, damage, and even defeat.

Life Awakening (LA) offers hope and help in these areas. Our LA Academy contains four phases of learning which teach and demonstrate what we call the *Gospel Process*, a mindset and tool to live in freedom, healing, and victory.

## **PHASE 1**

### **THAT SPLIT SECOND**

*Avoid Getting Stuck in Sin and Pain*  
*Basic teaching of the Gospel Process*

This is a four-week interactive seminar with homework about how to break the power of *That Split-Second* reaction, so one can avoid getting stuck in sin and pain. It also imparts God's solution to live authoritatively over *That Split-Second* reaction, through joining the Gospel through the *Gospel Process*.

## **PHASE 2**

### **THAT SPLIT SECOND**

*Avoid Getting Stuck in Sin and Pain*  
*Expanded Teaching of the Gospel Process, with Action Points*

This is a six-week interactive study, with homework, which builds on and amplifies the message of *Phase 1*. It begins by teaching God's design for living through one's *union with Christ*. It then exposes the depth of the enemy's strategies to get one stuck in sin and pain. It thereafter elaborates, through deeper teaching and increased demonstration, on God's core solution: to join the Gospel. It further teaches how one can avoid getting stuck in sin and pain to live in victory. This is designed for a group of people who participated in *Phase 1*. However, an individual may complete it himself without participating in a group. Either way, *Phase 1* is a prerequisite to participating.

## **PHASE 3**

### **THAT LOCKED TRAP**

*Getting Rescued from Sin and Pain*  
*Teaching the Gospel's Power for Freedom and Healing*

This is a three-hour interactive fellowship group that teaches and demonstrates the Father's heart for His children to get unlocked from the trap of sin and pain. It describes how one gets locked in a trap and the Father's provisions to get out of it as mirrored through His heart. *Phases 1* and *2* are a prerequisite to participating. Reading the *Manual* and completing the questions in advance are required to participate.

## **PHASE 4**

### **THAT LOCKED TRAP**

*Getting Rescued from Sin and Pain*  
*A Facilitator's Guide to Leading a Gospel Process Session*

This is a seven-hour interactive seminar teaching the detailed skill of taking a person or oneself through a *Gospel Process* session. It encompasses the role of a facilitator and how to set up a *Gospel Process* ministry. It teaches the detail yet the simplicity of how to *put off the old* and *put on the new* within the context of having been sinned against through hurts, abuse, and trauma and/or having committed personal sin. It also addresses getting to the roots of issues and the layers of trauma. This *Phase* teaches and demonstrates the *nuts and bolts* of getting unlocked from the trap(s) of sin and pain. *Phases 1* through *3* are prerequisites to participating. Reading the *Manual* and completing the questions in advance are required to participate.