

Life Awakening

teaching the simplicity and practicality of the Gospel for abundant and eternal life.

"...the Gospel, for it is the power of God unto salvation..."

Romans 1:16

Kingdom Seekers Bible Study

Ladies, if you are interested in joining a group of spiritually hungry women, join us in New Holland on Tuesday mornings from 9:30-11:30. We are studying the Gospel of John. If you would like to join us, call for more details!

Mission

To train people how to simply and practically join the Gospel for freedom, healing, and victory from the burdens of sin and pain for themselves and others.

Vision

To see believers fulfill the promise of the Gospel for abundant life here on earth, while furthering the expansion of God's Kingdom.

AWAKENED

Newsletter

MEET ERNEST & YVONNE

The longer I live, the more I love to learn from women! I believe they embody aspects of who God is in ways almost impossible for men. This has certainly been true from the experience Yvonne and I have had engaging with Life Awakening's recent presentation of *That Split Second Live Training* under the teaching of Linda and Andrea. Imaginative, practical, and deeply rooted in Scripture, we came away with powerful new introspection for ourselves and pertinent insights into caring for others.



Yvonne captures it well:

It was so helpful to learn more about how to put words to feelings, how to back up from a situation and think about why I feel myself reacting, and then to think about the things I am assuming—are they truth or lies? Is my reaction caused by accepting lies about myself or God? And why am I accepting them? Is it because I have been told them or have I just assumed them by other's actions? What about my standing in Christ, the "goodie bag" (as Linda called it) of what I am and have in Christ?

Linda's clear instruction and Andrea's practical interactive teaching methods made for a powerful time of learning. As I thought through personal scenarios using the worksheets Andrea created, I gained insight into my own life and way of thinking. As the class progressed, I learned how to write out better, more truthful thoughts instead of the lies that come so easily. Though much of the teaching was not totally new, the illustrations given to explain concepts are tools that I will use personally and in our work of helping people.

We highly recommend that you prayerfully consider participating in Life Awakening's upcoming *That Split Second Live Training!*

Join Us!

LIFE AWAKENING'S
THAT SPLIT SECOND
 Avoid Getting Stuck in Sin and Pain

An interactive training about how you can join the Gospel to break the power of *That Split Second* reaction, where you plummet into sin and pain's darkness, getting stuck in its power.

SATURDAYS
MARCH 25, APRIL 1, 8, & 15, 2023
10:00am - 12:00pm

COST: \$100

REGISTER ONLINE by March 18, 2023
tinyurl.com/LALiveTraining
 or call (717) 354-2888

CITY GATE EPHRATA | 110 E Main St, Ephrata
(On-Street Parking - bring coins for the meter)

Mail Checks to: PO Box 843, Ephrata, PA 17522
chelsea@lifeawakening07.org

Director's Corner

Linda S. Ingham



Although Jesus' "...soul became troubled..." in facing His upcoming crucifixion and although He became "...troubled in spirit..." in facing betrayal, He told His disciples, "Let not your heart be troubled..." (John 12:27; 13:21; 14:1,27). That word means "to stir or agitate." So, Jesus told the disciples not to be stirred up and agitated even though He had His own moments of agitation? Hmmm ... Contradictory? Hypocritical? Double-minded? A play on words? Or maybe, Jesus was human just like you - yet that agitation did not make His decisions, nor did it cause Him to sin!

What can you further ponder? "Christ in you" understands when you get stirred up and agitated because He experienced it, too! So why not be like Jesus and let yourself be human, never denying, bypassing, or ignoring your humanity that sometimes gets stirred up and agitated? And if you attend Life Awakening's *That Split-Second Live Training*, together with its *Expanded Teaching*, you will learn how to process and rule so pain does not make your decisions or cause you to sin.

We hope you can join us in our next presentation of *That Split-Second Live Training*, as recommended by Ernest and Yvonne on the front with the details as noted above!

Life Awakening is a non-profit 501(c)(3) organization. Financial contributions are deductible as charitable gifts for federal income tax purposes. Ways to give financially: 1) Check; 2) PayPal via LA website; 3) Electronic Funds Transfer (EFT), call us to set up

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