

Lastly, when you think about and/or encounter someone who actually is or you think is involved in evil, hurtful, abusive, or unpleasant attitudes, thoughts, choices, actions, and behaviors, you can acknowledge the sin and pain that is operating within him as *something else, separate from him, not a part of him*. Yes, picture the sin and pain as coins, separate from the person God created. This mindset can empower you to love him well.

Like Jesus Christ, you can command sin and pain to their burial plot whether they are lurking around you, rising within you and/or operating within you. In doing that, you are *putting off the old!* When you *put off the old*, you can then *put on the new* through intentionally walking in your *union with Christ*. You do not have to allow the defeat of *sin doing it*, which is sin ruling over you, as Paul wrote in Romans 7:15-21! Instead, you can be victorious!

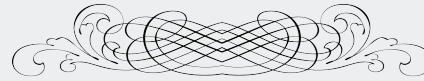
PRAISE GOD FOR THE GOOD NEWS...

You do not have to swallow sin and pain today!

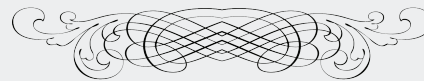
When you do, they can come up and out of you, even if you swallowed them way back in your childhood or in the womb!

You can *see people separate* from the evil, hurtful, abusive (sinful) thoughts, feelings, attitudes, choices, actions, and behaviors they engage in.

This illustration is supported by Romans 7:15-21 and Hebrews 9:26; 12:1-3 as taught in the *LA Academy*.
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Life Awakening will offer the LA Academy. This Academy will teach how to *avoid* getting locked in the trap of sin and pain and how to *get out of* the trap of sin and pain when locked in it. It will be contained in four *Phases* of learning which teach and demonstrate what we call the *Gospel Process*, a mindset and tool to live in victory.



If you want more information about how you can participate in the LA Academy, contact:

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 **Life Awakening**
A LIFESTYLE WORTH LIVING



You know, Pocket Change could have a lot to do with helping you gain victory on your journey through life.

What happens when a child swallows a penny? Does it digest like food digests? No. The truth is: when swallowed, the acid in the child's stomach does not have the ability to break it down because the penny is not designed to be digested or even dissolved. Instead, the penny is carried inside the digestive tract until eliminated. Sometimes a penny can only be eliminated by first uprooting it through surgery. Understand the simple truth: the penny can be uprooted and eliminated because it is something else, separate from the child, not a part of him.

In the same way that a child swallows a penny, you can swallow or take in sin and pain during life's experiences. You may swallow rejection, pride, terror, confusion, rebellion, anxiety, accusation, condemnation, or shame, each of which can bear fruit in unpleasant and destructive attitudes, thoughts, choices, actions, and behaviors.

Like a penny, specific sin and pain are entities that are their own separate beings. They are something else, separate from a person, not a part of him. And, like a penny, the sin and pain do not have the ability to be digested or even dissolved. They, too, can require surgery in order to be uprooted and eliminated -- the Holy Spirit's surgery.

Here is an example. You think or say, "I'm afraid," attaching fear to yourself as if it is a part of you -- even as if it **IS** you. Therefore, you think, or are unconsciously thinking, that there is no choice, no option, but for that fear to remain. You think it will never leave. You are locked in it. You may think, "If I just have *more* faith, the fear will subside", only to feel guilt, condemnation, and accusation for (allegedly) lacking in faith when you still feel fear. But, the truth is, just like the penny, *fear is something else, separate from you, not a part of you*. Like a penny, when that fear is swallowed, it cannot be digested or dissolved. The fear stays in its original form and it starts to live and operate inside, causing anxiety, panic, terror, or other unpleasant attitudes, thoughts, choices, actions, and behaviors. And all too often, fear then begins the destructive path of making your decision(s). (You can substitute fear with rejection or betrayal or condemnation or the sins of jealousy or rebellion or pride.)



You can train yourself to picture sin or pain as a coin with the word, *fear* or *rejection* or *pride* written on it. Too often dirty, heavy coins, that contain no value, are swallowed, sinking you into heaviness, weakness, discouragement, depression, and more. But because those coins are something else, separate from you, not a part of you, they can be uprooted and eliminated via the Holy Spirit's surgery -- joining the Gospel through the *Gospel Process*.

Indeed, you can learn to: *identify* the specific sin and/or pain you swallowed even if it goes back to your childhood or in the womb, be *aware* when they are operating inside, know they *do not belong* in you, know you are *not to focus* on, *wallow* in, or *nurture* them, and certainly view them as *something else, separate* from you, *not a part of you*. *Instead of saying, "I'm afraid,"* you can declare, "fear you are not me; I am not you; you are something else, separate from me, not a part of me." In repeating that truth, you can train yourself to view, think, and deal with sin and pain differently. And when you get tired of them operating within, *you have the option and choice* to join the Gospel through the *Gospel Process* to uproot and eliminate them.

Fear, you are not me...

While on the cross, Jesus Christ bore sin and pain and died with them on His body. When He rose from the dead, that *sin and pain remained buried, in the grave*. So, in reality, *sin and pain were buried, or put away, because Jesus left them in the grave*. Because you are in *union with Christ*, you have authority and through that authority you can command sin and pain that you swallowed, to their burial plot, in the grave, where they belong. You can put them away!

You can also learn to *not swallow* or *take in new coins*. This entails learning to identify that split second when specific sin and pain begin to rise up within or lurk around you. Hence, as you *feel sin and pain (coins) rising up or lurking around you*, instead of swallowing them, you can join the Gospel and command them to their burial plot in the grave, where they belong.