

Life Awakening

teaching the simplicity and practicality of the Gospel for abundant and eternal life.

"...the Gospel, for it is the power of God unto salvation..."

Romans 1:16

Kingdom Seekers Bible Study

Ladies, if you are interested in joining a group of spiritually hungry women, join us on Tuesday mornings 9:30 - 11:30 at City Gate New Holland, 117 E. Main Street, New Holland. We are studying the book of Acts. If you would like to join us, call for more details!

Mission

To train people how to simply and practically join the Gospel for freedom, healing, and victory from the burdens of sin and pain for themselves and others.

Vision

To see believers fulfill the promise of the Gospel for abundant life here on earth, while furthering the expansion of God's Kingdom.

AWAKENED

Newsletter

IT WASN'T THE KING'S MEN...IT WAS JESUS!

Humpty Dumpty sat on a wall, Humpty Dumpty had a great fall.
All the king's horses and all the king's men, couldn't put Humpty back together again!
...BUT JESUS COULD...



Linda S. Ingham

Some men and women come to me experiencing odd and stressful behaviors not understood by themselves. They feel broken and divided within, and sometimes even insane! Panic attacks and anxiety can rage at peculiar times. Vivid dreams disrupt their sleep. Voices, separate from themselves, speak. Condemning thoughts are intensely intrusive. Strange flashes of pictures appear at the oddest of times. Waking up with dread is too familiar. Physical pain is steady, while the simplest of tasks is challenging. None of it makes any sense. They are looking for answers as to "why" they are thinking, acting, and feeling the way they are, wanting it all to be gone so they can live in the peace that Jesus promises.

Let's turn the page for a minute! If I run down the street as fast as I can and fall, I could easily shatter my knee cap from the momentous collision between my knee cap and the ground. A collision can also occur in a child's mind when the enemy's dark events, such as severe neglect, or sexual abuse, or beatings, or emotional and mental abuse, or forced dark rituals, or twisted mind games, collide with the wonderful and unique way that God designed their mind and body to work. During and/or after the collision, one cannot process what happened because it makes no sense, is overwhelming, is confusing. Therefore, like a knee cap, one's mind can literally split and break into pieces, losing strength, stability, and more! In fact, for various reasons, that memory can even be buried and hidden in one part, gone from the conscious part of his mind.

My role as a Champion of the Gospel Process is to first deal with painful memories in one's conscious mind. When dealt with, memories that are buried or hidden from one's memory can start to surface either on their own or often through addressing feelings in the body, as the body can store memories without the mind being aware of the memory. It is like wading down through the layers of the earth...crust, mantle, outer core, and inner core. I start with the brittle crust, moving into the broken mantle, to the made-up outer core, to the deep inner core, all of which can expose broken parts within. When one layer, with its broken parts is dealt with, another layer can surface. ***The enemy is forbidden through the power of the blood of Jesus, to do his dirty work!*** As layers are addressed, memories can expose a repetition of abuse on varying levels against one's will, by a parent(s), a school teacher, a satanist, an uncle, a daycare worker -- all causing deep and continual turbulence. Like Humpty Dumpty, it may feel like, to the Client, that no one can put him back together again!

But layer by layer, piece by piece, through the power of the Gospel, the pieces that are either in the wrong place or do not and never did belong in the Client, are removed and the Client is put back together in the wonderful and unique way in which God created them. This is the basic way in which the *Gospel Process* works to bring wholeness and healing to the broken!

Happy Thanksgiving

At this time of year, many people begin thinking about year-end financial gifts. If you would like to give, please know that any and all amounts help us cover the costs of our ministry.

Gifts may be made via:

- 1) **Check**, made out to Life Awakening and mailed to
PO Box 843, Ephrata, PA 17522
- 2) **Venmo** @Life-Awakening or scan the QR Code
- 3) **PayPal** @LifeAwakening or scan the QR Code



Merry Christmas & HAPPY NEW YEAR!

Director of Training

Andrea P. Holder

Proverbs 29:18 says, "Where there is no vision, the people perish, but he that keepeth the law, happy is he" (KJV). Here, God provides a principle for learning, which some of us have called "visual learning". God casts visions throughout scripture as a tool to help us learn and stay on track with truth. As the scripture implies, vision is even a matter of life and death! One vision He cast for His people is in Genesis 22:17 where God paints the picture of the descendants of Abraham being as plentiful as stars in the sky or grains of sand in the sea. This picture of a multitude of followers is easy to see and grasp, much easier in fact, than the path to realize the picture. The picture itself fuels us even today. Followers of Christ, the Son of the promise of Genesis, are not a small select few. As the vision calls forth, they are countless and numerous, a picture or vision that propels us to believe for the lost and to spread the Gospel far and wide!

We at Life Awakening will be seeking God for his vision for the coming year in our December strategic planning meeting. Please pray with us for God to cast His vision for the ministry so we can learn and be propelled into the next important actions to take!

We hope you have a blessed holiday season and are anticipating a fruitful 2026!

Life Awakening is a non-profit 501(c)(3) organization. Financial contributions are deductible as charitable gifts for federal income tax purposes.

Ways to give financially: 1) **Check**; 2) **PayPal** @LifeAwakening or via LA website; 3) **Venmo** @Life-Awakening; 4) **Electronic Funds Transfer (EFT)**

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