

# CHAOS THEORY RUNNING NEW TEAM MEMBER APPLICATION



<b>First Name:</b>	<b>Last Name:</b>
First Name:	Last Name:

Before we get started with the details lets knock-out the boring disclaimers, releases, and legal stuff. Most people tuck that all away in the back-end but I would rather get it out of the way early on and be able to concentrate on the task at hand, not unlike training, gathering all of the information and analytics in the beginning then moving on to the good stuff.

## Organization Disclaimer:

Chaos Theory Holdings, Inc. dba Chaos Theory Running is a privately held Illinois corporation. All agreements, arrangements, contracts, and the like entered with Chaos Theory Running, its owners, officers, board members, employees, agents, or assignees shall be understood to be engaged with Chaos Theory Holdings, Inc. as a corporate entity and shall specifically exclude the personal obligation of Chaos Theory Holdings, Inc. owners, officers, board members, employees, agents, or assignees.

## Medical Professional Disclaimer:

Chaos Theory Holdings, Inc. dba Chaos Theory Running does not claim to be or represent itself to be; medical professionals, medical service providers, medical practitioners, or experts in any medical field.

Chaos Theory Running strongly recommends that any person seeking to begin a workout or physical training regimen first consult with their physician to specifically opine on the appropriate level of activity and stress that an individual can safely participate in. Each individual is solely responsible for their own health and medical condition and shall not rely on the advice of Chaos Theory Running as an opinion of medically acceptable activity.

## Participation and Assumption of Risk Agreement

In consideration of the agreed participation in an athletic, running centric, conditioning and training program and coaching relationship (Training Program) with Chaos Theory Holdings, Inc. dba Chaos Theory Running, I, \_\_\_\_\_, (Athlete), hereby acknowledge that participation in such a program can be hazardous to my health and that I will have an increased risk of injury by participating in this program.

I agree and understand that I am solely responsible for my health and medical condition, and that it is my sole responsibility to determine my physical and medical fitness to undertake a strenuous training program. I acknowledge that the Chaos Theory Holdings, Inc. dba Chaos Theory Running, its owners, officers, board members, employees, agents, or assigns (Chaos Theory Running) are not medical doctors and that advice and recommendations provided by Chaos Theory Running is solely based upon training and experience.

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## Participation and Assumption of Risk Agreement cont.

I further acknowledge that running is a potentially hazardous activity and hereby certify that I am in good health and physically fit to enter into a training program. I also acknowledge that I am aware of the many risks involved in athletic training in general and running training specifically, which risks include by way of example and not limitation: 1) minor injuries such as scrapes, bruises, sprains and strains; 2) more serious injuries such as joint, muscle, and bone injuries; concussions and other head injuries; heat related injuries such as: heat stroke, heat exhaustion, dehydration, and over hydration conditions such as hyponatremia; and catastrophic injuries and conditions such as heart attacks and other conditions or injuries which could be fatal.

I hereby accept all the inherent risks of participating in the Training Program. I understand and agree that Chaos Theory Running shall assume no responsibility or liability for me for: accident, illness, or loss of, or damage to, personal property resulting from participation in this Training Program.

The forgoing is submitted in consideration of Chaos Theory Running allowing my participation in this Training Program. I confirm that I am of legal consenting age and I execute this document with full knowledge of the contents and consequences stated in this Agreement.

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Singed

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Date

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## Waiver of Liability, Indemnity Agreement, and Acknowledgement of Understanding

In consideration of the agreed participation in an athletic, running centric, conditioning and training program and coaching relationship (Training Program) with Chaos Theory Holdings, Inc. dba Chaos Theory Running, I, for myself, my heirs, personal representatives and assigns, do hereby release, waive, covenant not to sue and discharge Chaos Theory Holdings, Inc. dba Chaos Theory Running, it's; Owners, shareholders, board members, officers, employees, agents, and assigns of liability from any and all claims including the negligence of said persons resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in any program or event controlled, operated, prescribed, recommended or otherwise associated with Chaos Theory Holdings, Inc. dba Chaos Theory Running.

\_\_\_\_\_  
Signed

\_\_\_\_\_  
Date

I also agree to INDEMNIFY AND HOLD HARMLESS Chaos Theory Holdings, Inc. dba Chaos Theory Running, it's; Owners, shareholders, board members, officers, employees, agents, and assigns from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement in any program or event controlled, operated, prescribed, recommended or otherwise associated with Chaos Theory Holdings, Inc. dba Chaos Theory Running.

The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of Illinois and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgment of Understanding: I have read the proceeding waiver of liability and indemnity agreement consisting of one page, fully understand its terms, and I understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

\_\_\_\_\_  
Signed

\_\_\_\_\_  
Date

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## Use of Information, Metrics, Photographs, and Videos Authorization \*Optional\*

We are proud of our athletes and sometimes we like to publicly brag about them. We also like to release different performance metric information for comparison and study purposes to show what is working best for different people. While there is no obligation to authorize our use of your personal information or likeness, we would like to highlight your achievements along the way. In order to protect your personal information we have created a list of separate authorizations that will allow you to select what (if any) information you would like to permit us to use publicly for social media, marketing, and advertising purposes.

Chaos Theory Holdings, Inc. dba Chaos Theory Running will never sell, share, or otherwise provide any of your personal information to nonaffiliated third-party individuals or organizations. Your authorization to use your information and/or likeness is only for internal use, social media use, and marketing/advertising use.

For good and valuable consideration, the receipt of which is hereby acknowledged, I hereby authorize Chaos Theory Holdings, Inc. dba Chaos theory Running permission to use my personal information, performance metrics, likeness in a photograph, and/or video footage where I am clearly visible as per the individual authorizations as identified below in any and all of its publications, including but not limited to all Chaos Theory Holdings, Inc. dba Chaos Theory Running printed and digital publications. I understand and agree that any personal information, performance metrics, photographs, and/or video footage will become property of Chaos Theory Holdings, Inc. dba Chaos Theory Running and will not be returned.

I acknowledge that my authorization to use said information and images is voluntary and as such have no claim or right to financial compensation.

I hereby irrevocably authorize Chaos Theory Holdings, Inc. dba Chaos Theory Running to edit, alter, copy, exhibit, publish or distribute said information and/or images for purposes of publicizing Chaos Theory Holdings, Inc. dba Chaos Theory Running programs or for any other related, lawful purpose. In addition, I waive the right to inspect or approve the finished product, including written or electronic copy, wherein my personal information or likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to the use of the information or images.

I hereby hold harmless and release and forever discharge Chaos Theory Holdings, Inc. dba Chaos Theory Running, it's; Owners, shareholders, board members, officers, employees, agents, and assigns from all claims, demands, and causes of action which I, my heirs, representatives, executors, administrators, or any other persons acting on my behalf or on behalf of my estate have or may have by reason of this authorization.

### Individual Authorizations:

Authorization to Use:	Initial for Authorization
Nickname (if provided) or First Name & Last Initial	_____
Full Name	_____
Gender	_____
Age	_____
City & State of residence	_____
Social media handles (i.e. Facebook, Instagram, etc. name)	_____
Photographic images	_____
Video footage	_____
Performance metrics (i.e. race times, PR times, race/event dates, etc.)	_____
Personal information (i.e. height, weight, physical limitations, etc.)	_____

Acknowledgment of Understanding: I have read the proceeding Use of Information, Metrics, Photographs, and Videos Authorization, fully understand its terms, and I understand that I am giving up substantial rights, including my right to sue. I acknowledge that by my initials at each Individual Authorization category I am providing my irrevocable authorization to use said information and likenesses. I acknowledge I am signing the agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

\_\_\_\_\_  
Signed

\_\_\_\_\_  
Date

# CHAOS THEORY RUNNING NEW TEAM MEMBER APPLICATION

## Personal Information & History

Now that we've gotten all of that out of the way it is time to start building your profile. The information collected below will help us understand where you're at, where you want to go, and how we can help to get you there. The more accurate of a profile that we can put together will only help us help you along the journey ahead.

Full Name: \_\_\_\_\_  
Nickname: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City, State Zip: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone (mobile): \_\_\_\_\_  
Phone (home): \_\_\_\_\_  
Gender: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Social Media Handles: Facebook: \_\_\_\_\_  
Instagram: \_\_\_\_\_  
Strava: \_\_\_\_\_  
Twitter: \_\_\_\_\_  
Other: \_\_\_\_\_  
Other: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_  
Emergency Contact Relationship: \_\_\_\_\_  
Emergency Contact Phone: \_\_\_\_\_

Which Team are you interested in joining?

\_\_\_\_\_ Recreational Team (recreational runners, enthusiasts, supporters / free to join)  
\_\_\_\_\_ Athlete Team (\$25 annually / free for all Training and Coaching clients)  
\_\_\_\_\_ Competition Team (must qualify to join / free with conditions)

Do you currently or do you plan on using a Chaos Theory Running Training Plan or Coaching Program?

\_\_\_\_\_ Yes \_\_\_\_\_ No  
If yes, please provide details and coaches name  
\_\_\_\_\_

Do you currently or have you in the past used any Training Plan or Coaching Program?

\_\_\_\_\_ Yes \_\_\_\_\_ No  
If yes, please provide details and coaches name  
\_\_\_\_\_

# CHAOS THEORY RUNNING NEW TEAM MEMBER APPLICATION

Do you currently run on a regular basis?

\_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please describe

\_\_\_\_\_ Average Miles Per Week

\_\_\_\_\_ Average Runs Per Week

\_\_\_\_\_ Average Long Run Distance

## Personal Information & History continued

Please select all of the activities that you regularly participate in:

- |                                   |                              |
|-----------------------------------|------------------------------|
| _____ Running (indoor)            | _____ Running (outdoor)      |
| _____ Running (trail)             | _____ Cycling (indoor)       |
| _____ Cycling (outdoor)           | _____ Cycling (trail)        |
| _____ Swimming (pool)             | _____ Swimming (open water)  |
| _____ Hiking                      | _____ Climbing               |
| _____ Skiing (downhill)           | _____ Skiing (cross country) |
| _____ Watersports (non-motorized) | _____ other                  |
| _____ other                       | _____ other                  |

Do you compete in formal races or events for any of the activities listed above? If yes, please describe.

## Running History

Distance	Time	Year
Mile / 1500		
5k		
10k		
Half-Marathon		
Marathon		
Other		
Other		

# CHAOS THEORY RUNNING NEW TEAM MEMBER APPLICATION



Shirt Size: \_\_\_\_\_  
Shoe Size: \_\_\_\_\_  
Shoe Brand: \_\_\_\_\_

Are you affiliated with a Chaos Theory Team Member or Athlete?

\_\_\_\_\_ Yes \_\_\_\_\_ No  
If yes, please provide name



## Team Member BIO \*optional

Tell us a little bit about yourself, your running history, interest in running, and any future plans / goals.

\* You can also include a photo with your submission