



Triple I Solutions Lesson Plan

Lesson Plan Title: *A Martyr's Psyche*[™] *"Understanding the Extremist Ideology"*

Course Reporting Number: (TCOLE Texas): 3320

Lesson Plan Owner: Triple I Solutions

Proprietary: Yes

Lesson Plan Cover Sheet

Course Title: *A Martyr's Psyche*™ "Understanding the Extremist Ideology"

Course Reporting Number/Category (TCOLE): 3320

Version Date: 4/25/2025

Version Number: 2.0

Version Author/Editor: Triple I Solutions

Course Description: *A Martyr's Psyche*™ is a proprietary seminar and delivered in a 1-Day formats, and is designed to equip law enforcement, military, and intelligence professionals with the psychological, ideological, and cultural tools necessary to understand and identify extremist mindsets before violence occurs.

This training explores the inner psychology of radicalized individuals and demystifies the indoctrination process used by extremist groups to recruit operatives locally and globally. Unlike conventional awareness classes, *A Martyr's Psyche*™ is delivered by a former child soldier from the Middle East with nearly three decades of U.S. law enforcement experience investigating terrorism and transnational criminal networks. This unique perspective bridges operational intelligence with firsthand insight into the extremist psyche.

Participants will explore the religious and ideological doctrines often weaponized by terrorist groups, while learning how to separate mainstream practitioners from those who manipulate faith to justify political violence and ideological hate. The course highlights key cultural indicators, warning signs of radicalization, and geopolitical triggers that extremists exploit to recruit followers, especially youth and emotionally vulnerable individuals in both Eastern and Western societies.

Through realistic examples, structured content, and direct dialogue, attendees will develop the skills needed to detect pre-attack behaviors, strengthen community partnerships, and build cultural intelligence to prevent extremist violence in their jurisdictions.

Course Delivery Method: Lecture, pre-instructional strategy, class discussion.

Testing/Assessment Method: Student will be engaged in Q&A type questions, during the course of each lesson objective, as well as at the end of each objective to determine their ability to comprehend the material by open discussion Q&A based on the topic and case studies.

Hours: 8.00

Non-Training Credit Hours: 0.00

Total Attendance Hours: 8.00

Total Attendance Days: 1

Target Audience: Law Enforcement, Intelligence, & Military Personnel, along with the general public.

Minimum/Maximum Student Enrollment: 200 Maximum

Student Prerequisites: N/A

Student Requirements (all students must attend 100% of scheduled hours and successfully complete assessments): 100%

Instructor Credentials: Subject Matter Expert

Instructional Materials/Aids: ☐ Lesson Plan ☒ PowerPoint ☐ Student Handout ☐ *Lifetime Access to On-Demand Verison*

Equipment/Supplies: Keynote Presentation and Videos & Presenter Lecture

Resources/References: The presentation was developed by Shaheen Moayed-pardazi, the author of “The Patrio Jihadi” based on his unique firsthand experiences being raised and prepared to be a Child Soldier Candidate in the Middle East, subjected to militant indoctrination, and with nearly three decades of U.S. law enforcement experience specializing in transnational crime and terrorism, Shaheen has a deep understanding of how extremists manipulate religion to radicalize individuals, particularly minors. His personal and professional insights shape this seminar, providing essential tools for detecting and combating terrorism and indoctrination.

Terminal Learning Objective (TLO): Upon completion of the course, the student will be able to recognize ideological threats, understand radicalization pathways, and engage effectively with individuals from Middle Eastern or Muslim-majority backgrounds to identify indicators of extremist behavior.

Enabling Learning Objective(s) (ELO):
Students will be able to:

1. Identify key elements of Middle Eastern culture and religious beliefs, distinguishing between normative practices and extremist interpretations.
2. Gain firsthand insight into recruitment and indoctrination tactics used by extremist organizations from the perspective of someone raised inside one.
3. Recognize early indicators of radicalization in individuals, both in person and through online activity.
4. Apply counter-radicalization strategies to help prevent ideological extremism while maintaining cultural neutrality and operational objectivity

Topic Delivery Schedule

Unit No.	Title (must match content unit number and title)	Duration	Delivery Day
DAY 1			
<i>Check-In</i> 0730-0800	Check-In and Verification	30	Day 1
0800-0850	Introduction & Middle Eastern Communication Styles <ul style="list-style-type: none"> Overview of presenter background Understanding the Middle Eastern People's Communication Styles 	20 Minutes	Day 1
0800-0850 Cont....	Middle Eastern Cultural Understanding <ul style="list-style-type: none"> Varying regional cultures and subcultures of the Middle East 	30 Minutes	Day 1
0850-0900	Break	10 Minutes	Day 1
0900-0950	Regional Tribes, Territories and Countries	50 Minutes	Day 1
0950-1000	Break	10 Minutes	Day 1
1000-1050	The Religion of Islam <ul style="list-style-type: none"> Inception Beliefs History of exportation 	50 Minutes	Day 1
1050-1100	Break	10 Minutes	Day 1
1100-1200	The Religion of Islam (Continued...) <ul style="list-style-type: none"> Inception Beliefs History of exportation 	60 Minutes	Day 1
1200-1300	<u>Lunch at Large</u>	60 Minutes	Day 1
1300-1350	The Religion of Islam (Continued...) <ul style="list-style-type: none"> Inception Beliefs History of exportation 	50 Minutes	Day 1
1350-1400	Break	10 Minutes	Day 1
1400-1450	Geopolitics affecting the region <ul style="list-style-type: none"> Tribal conflicts Sectarian Conflicts Political Conflicts 	50 Minutes	Day 1
1450-1500	Break	10 Minutes	Day 1
1500-1550	Varying Terror Groups in the region <ul style="list-style-type: none"> Identity of terror organizations and their agendas Beliefs of terror groups and their recruitment efforts 	50 Minutes	Day 1
1550-1600	Break	10 Minutes	Day 1
1600-1655	Indoctrination of the population worldwide <ul style="list-style-type: none"> Methods and tactics used to indoctrinate local, regional and international populous to indoctrinate and recruit operatives 	60 Minutes	Day 1
1655-1700	Certificates Issues/Class Adjourns		

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Assessment

For practical or skills assessment, insert specific designed form. Below is an assessment for a written exam or group discussion.
Insert rows as needed

Question No.	Question	Answer(s)	ELO
1.	What type of communication style do Middle Easterners have?	High Context	1
2.	Islam promotes Terrorism	False	1
3.	Indoctrination only happens in person	False	2
4.	Honor Killings are a religious belief	False	1
5.	Hatred of the West is not shared by all Terrorist Groups	False	3