## SUPER

## AUGUST 2025 OPEN GYM CALENDAR



Color Codes

12pm to 4pm

Open

Closed

Nerf War
Wednesdays

to the public

**During Open Gym** 

Open Gym is a dedicated time for both kids and adults to explore and attempt the obstacles at their own leisure without guided instruction. Weekday Open Gym is during Summer Camp Hours. There are children ages 6-13 in the building M-F. We have Ninja Obstacles on the main Level, and an inflatable Gaga Ball Arena on the lower level on the weekends (Saturday and Sunday).

Open Gym schedule is subject to change on short notice based on private facility rentals. Please check the schedule before coming to Open Gym. The current schedule will always be up-to-date on the Open Gym page of the website.