



August 2026

OPEN GYM CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
2 12pm to 4pm	3 12pm to 3pm	4 10am to 2pm	5 12pm to 2pm 2pm to 4pm	6 10am to 1pm	7 12pm to 6pm	8 12pm to 6pm
9 12pm to 4pm	10 2pm to 4pm	11 10am to 2pm	12 11am to 1pm 1pm to 3pm	13 10am to 2pm	14 12pm to 6pm	15 12pm to 6pm
16 12pm to 4pm	17 12pm to 3pm	18 10am to 2pm	19 12pm to 2pm 2pm to 4pm	20 10am to 2pm	21 12pm to 6pm	22 12pm to 6pm
23 12pm to 4pm	24 Closed	25 Closed	26 Closed	27 Closed	28 Closed	29 1pm to 6pm
30 12pm to 2pm	31 Closed	1 Closed	2 Closed	3 Closed	4 Closed	5 12pm to 6pm

Color Codes

Homeschool Only
All ages

Open All Ages

Closed

Open Tot Time
Ages 1-5

Nerf War

Private Party:
Closed to the public

Open Gym is a dedicated time for both kids and adults to explore and attempt the obstacles at their own leisure without guided instruction.

Open Gym is for use of the Main Level Ninja Obstacles. The lower level adult fitness class space, and the upper-level party rooms and game/lounge room are off limits to Open Gym goers. Nerf War during M-F Open Gym is included with Open Gym Admission.

Open Gym schedule is subject to change on short notice based on private facility rentals. Please check the schedule before coming to Open Gym. The current schedule will always be up-to-date on the Open Gym page of the website.