

CLASS SCHEDULE



WINTER/SPRING SESSION 2026

NEXT SESSION BEGINS first week of MARCH

Starts week of March 2nd

Ends the week of April 19th (last class on Apr. 23rd)

Sessions are 8 weeks long

Please check our Classes menu on the website for all other fitness class times that are not Ninja Warrior Classes.

**** ALL STUDENTS IN INTERMEDIATE AND ADVANCED LEVEL CLASSES MUST RECEIVE A COACH'S RECOMMENDATION BEFORE SIGNING UP ****

FOR OPEN GYM HOURS PLEASE CHECK OUR OPEN GYM SHCEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9AM - 10AM							MOMMY & ME MINI NINJAS AND TUMBLING
10AM - 11AM	COMPETITON TEAM 10:15AM-11:45am			MOMMY & ME MINI NINJAS AND TUMBLING	AKRON PUBLIC SCHOOLS SPECIAL NEEDS NINJAS		COMPETITON TEAM Ages 6 to 9
11AM - 12PM							COMPETITON TEAM Ages 10 to Adult
1pm to 2pm				HOMESCHOOL NINJAS MULTI-AGE (BEGINNER)			
4pm-5pm	COMPETITON TEAM 4PM to 5:30PM	SPECIAL NEEDS NINJAS 4:15PM TO 5PM	PRETEEN AGES 10-13 (BEGINNER)	LITTLE AND YOUTH Ages 4-9 (BEGINNER)	SOUTH STREET MINISTRIES AFTER SCHOOL PROGRAM		
5PM - 6PM		LITTLE NINJAS Ages 4-6 (BEGINNER)	LITTLE & YOUTH Ages 5 - 9 (INTERMEDIATE)	LITTLE NINJAS Ages 4-6 (BEGINNER)	MULTI-AGE Ages 5-12 (INTERMEDIATE)	COMPETITON TEAM 5PM - 6:30	
6PM - 7PM		YOUTH & PRETEEN Ages 7-12 (BEGINNER)	YOUTH & PRETEEN Ages 7-12 (INTERMEDIATE)	MULTI-AGE Ages 4-12 (BEGINNER)	TEEN NINJAS Ages 13-17 (BEGINNER)		
7PM - 8PM		YOUTH & PRETEEN Ages 7-12 (IINTER./ADVANCED)	COMPETITON TEAM 7PM-8:30PM	ADULT NINJA & OCR (Ages 18+)	PRETEEN & TEEN Ages 11-17 (ADVANCED)		