

Master Na Martial Arts Fall Schedule 2018

Date/Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00-11:45 am	All Belts		All Belts	All Belts		
4:00-4:30	Lil' Dragons	Lil' Dragons	Lil' Dragons	Lil' Dragons		9:30-10:30 am All Belts
4:30-5:15	Intermediate Green & Blue Belts	Basic White & Yellow Belts	Intermediate Green & Blue Belts	Basic White & Yellow Belts	Basic & Intermediate White to Adv. Blue Belts	10:30 am-12:30 WE Poomsae Team (Special Enrollment)
5:15-6:00	Basic White & Yellow Belts	Intermediate Green & Blue Belts	Basic White & Yellow Belts	Intermediate Green & Blue Belts	Demo Team	
6:00-6:45	Advanced Red, Dan Bo & Black Belts	Black Belts & WE Team	Advanced Red, Dan Bo & Black Belts	Black Belts & WE Team	Advanced Red, Dan Bo & Black Belts	1 to 3 pm WE Sparring Team (Special Enrollment)
6:45-7:30	Teens & Adults 13+ years All Belts	Teens & Adults 13+ years All Belts	Teens & Adults 13+ years All Belts	Teens & Adults 13+ years All Belts	Teens & Adults 13+ years All Belts	
7:30-8:30	TK Fitness	TK Fitness	TK Fitness	Adult Black Belts	TK Fitness	

Note: All students must attend assigned class times, belt level and correct program. WE team members may attend any class.

~Lil' Dragons = 4 & 5 year olds, ~Basic = White Belts to Advanced Yellow Belts may attend.

~Intermediate = Green to Adv. Blue Belts. ~Advanced = Red belts to Black Belts. ~TK Fitness is for adults (15 and older) only.

www.masternamartialarts.com 206-429-3813