



# INTUITIVE INSIGHTS SCHOOL OF INTUITION



## JANUARY - FEBRUARY 2026

### What Does Your Aura Reveal about You?



THE AURA, AN ENERGY FIELD extending about two feet around the body, has been referred to as “the window to one’s soul.” All living things, including animals and plants, have an aura made of energy. This energy radiates from the cells and the chakras—which are referred to as “energy centers.” This energy produces color vibration. Sometimes you can actually see a glowing color around a person’s body. At a metaphysical church where I once worked, I often saw a golden light around the body of a teacher after she completed a meditation. The coloring, shape, and size of the aura can tell many things about a person’s personality, disposition, and thoughts. If there are multiple bright colors in the aura, then it shows that the individual has many interests. If there are only two colors in the aura, then often the person is focused on only two aspects in his life. If you are constantly thinking about the future, your aura will extend out in front of you, and become thinner behind you. If you are often thinking about the past, for example—recalling your high school or reflecting on your college days—your aura will extend behind you. There is a tendency for certain cultures to hold their aura in a particular position. Here in the United States, our auras tend to be mostly extended in front of us, showing that our focus is on the future and what’s going to happen next. In certain parts of Southern Europe, the aura of the older generation tends to extend behind them, as they remember a better time in the past. The aura reflects your spiritual health, so if you are stressed, angry, or influenced by other’s thoughts, this condition will be reflected in the aura as dark colors or bright white. If you are frequently tired, you might be extending your aura out to encompass the whole room. You then pick up energy from others, which lowers your stamina. If you become ill, your aura shrinks in size to assist in the healing process. Shrink-

ing the aura helps to ensure that you don’t pick up stray energies. Energy isn’t good or bad. It’s either yours or not yours. It is as if each person has his or her own brand of fuel or energy. If you put your energy and thoughts into others, it might make them feel good for a while, but eventually they will not feel good because they are not being themselves. Energy works best if you have your own energy in your own aura. Having your own energy in your aura is reflected by vivid or pastel colors. The positioning and size of the aura are not fixed and can change. An aura healing from a clairvoyant reader can release dark colors, holes and tears from the aura, allowing you, the spirit, to heal yourself. Once the spirit heals itself, the body starts to heal itself, hence the saying, “Heal the spirit and the spirit heals the body.” You can also learn to heal your own aura. One way of doing this is by learning to read the aura of someone else. When you learn to read someone else’s aura, you start to process your own similar experiences. You might become aware of shared experiences. This is called a “Matching Picture.” If you fell off a horse when you were 12 years old and the person you are reading also fell off a horse when she was young, then you have found a matching picture. If you feel you have a matching picture with this person, then you can use the psychic tools of grounding or exploding a rose, as practiced in the clairvoyant program, to release the matching picture or thought. You free up your energy from this thought and you feel better at the end of the aura reading. Learn these tools in the Practical Intuition 3-week class or by taking the Six-Month Intuitive Clairvoyant Training Program Tuesdays, April 2026 from 6:00-8:00 and is taught by Corey Davidson. -Vessa Rinehart-Phillips, Director

**Intuitive Insights**  
P.O. Box 675612  
Rancho Santa Fe, CA 92067  
858-509-7582  
[www.MyIntuition.Net](http://www.MyIntuition.Net)

### Clinics & Ongoing at a Glance

#### January 2026

Mon. Jan. 5 - GOALS for 2025 Workshop - Vessa 6:00-7:30pm on Zoom

Mon. Jan.12-Assisting with Death: Spiritual Transition- Dr. Yvonne- 6:00-7:30pm-Zm

Thurs. Jan. 15-29 - Practical Intuition Part I - 3-wks-Karla 6-7:30pm on Zoom

Mon. Jan. 19- Women’s Healing Clinic - 7:00pm Corey on Zoom

Mon. Jan. 19- Pet Healing Clinic - 6-7pm on Zoom Yvonne

Sunday, Jan.25 Women’s Retreat with Vessa 10:00am-4:00pm in-person SD

Sunday, Jan.25- Crystal Bowl Concert – Dr. Yvonne in-person 3-4:00pm

Mon. Jan. 26 - Trance Medium Healing Clinic - 5:15pm by ph

Mon. Feb. 2 Puppy Love Enhance Communication with your Dog Dr. Yvonne 6-7:30pm

Thurs. Feb. 5-19 - Practical Intuition Part I - 3-wks-Karla 6-7:30pm on Zoom

Mon. Feb. 9 – Effective Communication for Singles & Couples – Dr. Yvonne 6-7:30pm

Mon. Feb. 16- Women’s Healing Clinic - 7:00pm Corey on Zoom

Mon. Feb. 16- Pet Healing Clinic - 6-7pm on Zoom Yvonne

Sunday, Feb. 22- Crystal Bowl Concert – Dr. Yvonne in-person 3-4:00pm

Mon. Feb. 23 - Trance Medium Healing Clinic - 5:15pm by ph

Mon. March 2 - Spirit Guides Dr. Yvonne 6-7:30pm on Zoom

Thurs March X- Practical Intuition Part I - 3-wks-Karla 6-7:30pm on Zoom

Mon. March 9 – The Secrets of Aging Gracefully Dr. Yvonne 6-7:30pm on Zoom



## **Clairvoyant Training Program—Tuesdays, April 14, 2026**



Intuitive Insights' philosophy is that everyone has intuition and psychic abilities. Mankind is now in a spiritual renaissance. People are opening up to their psychic and spiritual abilities with increasing acceptance and support more than ever before.

In this six-month program, you will learn to tap into your own special gifts, which will change your life and alter your perspective in a positive way. You will get more of your energy back and be able to hear your inner voice better than one could ever imagine.

The Clairvoyant Program

helps you heal from past issues or experiences and better equips you to deal with day-to-day events. Using the tools of this program will enable you to find more harmony and ease in creating your goals and life aspirations.

This Six-Month Program includes:

- 20 Lectures
- Additional Practice Clinics for you to receive & give readings and healings.

**Class dates/times:** Tuesdays, Apr.14-Sept. 2026

**Open House & Demonstration**  
– Tues. March 31st at 5:00-6:00pm. Bring Your Questions!

Examples of 20 Lectures:

- \* **Reading the aura-- present, past & future**
- \* **Reading past lives & how they affect you**
- \* **Speaking to beings & spirit guides and how to have them help you**
- \* **Answer any question asked of you using the answers within**
- \* **Talking to dead people**
- \* **How to de-energize life experiences that keep you stuck**
- \* **Exploring the chakras**
- \* **Out of body healing**
- \* **Cords &**

**communication**

- \* **Repairing holes in the aura**
- \* **Access the Akashic records**
- \* **How to give a Long-Distance Healing**
- \* **Deprogramming yourself**
- \* **Forgiveness & Karma**
- \* **The Astral Body**
- \* **House Healing**
- \* **Reading Tarot Cards**
- \* **Protection Tools**
- \* **Learn ways to keep your energy and not give your energy away and more...**

**This program is open to join for 3 weeks.**

***Taught in-person or over-the-telephone.***

### **FREQUENTLY ASKED QUESTIONS ABOUT THE CLAIRVOYANT PROGRAM**

Where do I start? Is there a prerequisite? The 3-week Practical Intuition I Class is recommended but not required. Many people jump right into the Clairvoyant I Program.

How much does the training cost? The program is \$1680- which can be paid monthly over the 5 months. You may also pay \$500 per month for first three months giving you a \$180 discount, Or \$1500 in full on first night—with the last month free(\$336 discount.)

How long and how many hours a week are required and what exactly will I be doing? It's a 5-month program with a weekly schedule: One lecture per week plus a monthly Lab: Clinic Participation. You are encouraged to attend the reading practice as often as you are able. If you take a vacation, you can listen to the recording of the lecture. We can email it to you.

What will I learn? You'll learn "to read." The focus of the curriculum is teaching how to read and work with spirit. You will be able to use the tools you learn in this program out in the "unreal" world.

When do I begin reading? Your participation in the reading practice begins immediately, usually as a "scribe" (the person who sits alongside another reader) and observes. Within the first few weeks you will be reading.

Are my friends going to think I'm crazy? Probably; until they have an issue and then they'll call and ask you to look at something for them—after which you won't be so crazy.

What if I can't see anything? Fine, this isn't uncommon & doesn't last very long. No one has ever flunked this program.

What if I am afraid that I will see and know too much by taking this program? You will learn to manage your psychic abilities-- rather than having your abilities run you around. Greater awareness brings a more satisfying, fulfilling life.

### **What graduates of the Clairvoyant Program are saying:**

"In my life I was looking for a deeper spiritual awareness of mankind. This powerful program helped me answer these questions and manifest more in my life." - D. Greenberg

"By taking this program, I realize that I can become a professional psychic or just give a reading to my sister at Thanksgiving." - S.B. Anderhart

"This program changed my life, more certainty, awareness and to finally begin to understand how life & the universe truly works and create the life I want." -M. Upshaw

Sign up for Phone Classes on [www.MyIntuition.Net](http://www.MyIntuition.Net) OR Call 858-509-7582. Sign up 2 days in advance.

# On-Going Healing/Reading Clinics & Workshops

Go to website for more information [www.MyIntuition.Net](http://www.MyIntuition.Net)

## February/March Special Events:

**Mon. Feb. 2 Puppy Love Enhance Communication with your Dog Dr. Yvonne 6-7:30pm**

**Thurs. Feb. 5-19 - Practical Intuition Part I - 3-wks- Karla 6-7:30pm on Zoom**

**Mon. Feb. 9 - Effective Communication for Singles & Couples - Dr. Yvonne 6-7:30pm**

**Mon. March 2 - Spirit Guides Dr. Yvonne 6-7:30pm on Zoom**

**Thurs March TBA- Practical Intuition Part I - 3-wks- Karla 6-7:30pm on Zoom**

**Mon. March 9 - The Secrets of Aging Gracefully Dr. Yvonne 6-7:30pm on Zoom**

**Go to for more information, & the new zoom password is energy!**

**[www.MyIntuition.Net](http://www.MyIntuition.Net)**



## Pet Healing Clinic

Bring your **pet or photo** of your pet to the Pet Healing Clinic at 6:00 pm.

Dr. Yvonne K. will energetically "look" at your pet and any issues that you have with your pet, and give your pet a healing.

With some pets, we ask that you come check in, and leave your pet in the car for a few minutes until it's your turn—to keep all animals calm.

Dates are **Every Third Monday Night!**

**On Jan. 19, Feb. 16... ..\$20 per pet.**



## Trance Medium Clinic by Telephone -

**5:30pm 540 550**

*Can't make it into a clinic in person? Then sign up and call in*

**run by Vessa Phillips & Steve - Fourth Monday 6:15pm by appt. 4th Mondays: Jan. 26, Feb. 23...**

The TM healers heal from a vibration of white. Often the TM healers give healings from outside their bodies and will not speak while directing these silent, yet unique, and powerful healings. The readers in this program have been reading for a number of years. They live across the country and bring their gifts to seekers. Call the Dial-in number. When you are on the call with the healers, you will be asked your name, as well as your healing request. The healing will last 10 minutes. It will begin with a silent healing, thereafter, the healers will give 2 minutes of communication about the healing. Email Vessa or [mo-kitup@san.rr.com](mailto:mo-kitup@san.rr.com) or call 858-509-7582 to set up your appt. A contribution for a TM healing is \$20

for 10 minutes for first timers, or \$20 for repeaters.

**[www.MyIntuition.Net](http://www.MyIntuition.Net)**

## Women's Healing Clinic

**Mondays, 7:00 - 8:00 pm**

-

**Every Third Monday Night!**

**Corey - Jan.19, Feb.16...**  
No appointment necessary.

Ladies, come in and get a healing on your female energy and issues. Receive a psychic reading on any female related topic... \$25



**\* Self Image**

**\* Female Creativity**

**\* Relationships**

**\* Women in**

**Careers**

**\* Male/Female Communication**

**\* Clear out stuck energy in the life changes**

**(getting your cycle, puberty, pregnancy, divorce, etc.) Clean out your ability to nurture yourself**

**\* Receive a healing on your wellness energy.**

**Location:** on Zoom or by phone.

**[www.myintuition.net](http://www.myintuition.net)**

**Cost: \$20.00**

# Psychic Tools Classes, Women's Intuition, Life Coaching

Psychic Tools or Women's Intuition are a good way to start learning to develop your intuition.

## Practical Intuition- Part I



**Thurs Jan. 15-29**

**with Karla. 6-7:30pm**

We are made of three parts - spirit, mind & body, but most forms of healing deal only with the body. In this course, you will learn techniques to: **Release the energy causing "disease" in the first place. Replenish your energy when drained. Protect yourself. Find lost items. Strengthen your own clairvoyant abilities by tapping into your intuition. Stop giving your own life force energy away unconsciously. Use psychic tools which allow you to "read" people. Create prosperity for yourself & others.**

Cost: \$160 or \$150 if paid at least 2 days prior. Taught on zoom. [www.MyIntuition.Net](http://www.MyIntuition.Net)

## Crystal Bowl Healing Concerts— last Sundays at **3:00pm-4:00pm Jan.25,** **Feb.22 ...**

Each person will receive a vibrational healing during the concert. \$40. (Please pay in advance online at [ww.MyIntuition.Net](http://ww.MyIntuition.Net) prior as to not interrupt the concert.)

### Products-Books/CDs

Vessa Rinehart-Phillips' books are available. *The Spiritual Coloring Book for Children* \$20. And also: *Journey of the Awakening Psychic*— Joe *The Only Lesson*—Bill McKenna Vessa's CDs \$20:

1. The Energy of Completing Relationships
2. The 7 Secrets of Attraction-
3. Winning Your Court Case with Spiritual Tools
4. Removing the Veil: Talking to Other Side
5. Abundance & Prosperity-Vessa
6. Spiritual Tools to End Depression-Vessa
6. Famous Poetry
7. Spiritual Tools for a Successful Operation

Quantum Jumping Monday,  
**Dec.8 at 6:00pm-7:30pm Dr.**  
**Yvonne Kirkpatrick-**

Stretch the limits of your mind and energy in this dynamic workshop. We will practice techniques that will introduce you to your twin self in another reality who has the talents and abilities you would like to emulate.

## "Saying Goodbye to Loved Ones"— A Workshop on Han- dling Death & Spiritual Transition

**Dr. Yvonne Mon. Jan.12**  
**6:00pm-7:30pm**

- \*Learn to work with your own death and another's death.
- \* Learn to be present for someone who is dying and assist them in their transition. \* Navigate the world of transition.
- \* Explore and de-energize your pictures and thoughts around death. \$50/\$40

## Psychic Tools /Practical Intuition- Part II

**Thurs. Feb 2026 at 6:00-7:30pm**

Prerequisite: Practical Intuition I

Learn how to heal yourself and give more effective healings to others **without giving your energy away!**

In this course, you will learn techniques to:

- \* Direct advanced healings with a healing master guide. Learn to communicate and direct them. Use psychic tools to "read" people. Repair holes and tears in the aura. Create and destroy to make space for the new. Clear your meridians and energy channels. Heal & repair the chakras. Practice the art of non-resistance.

Contribution: \$160. Only \$150 if paid on the first night.) [www.MyIntuition.Net](http://www.MyIntuition.Net)

## GOALS for 2026 En- ergy Workshop -

**Mon. Jan. 5 - Vessa**  
**6:00-7:30pm** Uncover goals you forgot about or didn't know you had. Release the energies blocking your goals. Map your path through 2026. Set up check points to see if you're on track. Use 3-dimensional techniques to create your goals so they manifest. \$40

## Women's Intuition in-person 1-day re- treat & workshop

**Sun., January 25th**  
**10am-4pm with**  
**Vessa in San Diego**

- \* Distinguish the difference between Male & Female Energies. Strengthen your own Natural Female Intuition & Healing Ability. See how Competition affects you and what to do about it. Attract Others to You Using Your Female Energy—the most powerful energy on the planet! Make separation from your Mother's energy so both of you have your own energies.
- Work with a Female Healing Spirit Guide to heal yourself.

Contribution: \$199.

(\$40 discount if payment received by 1/17.)

[www.MyIntuition.Net](http://www.MyIntuition.Net)





# Graduate Programs

(Go to [www.MyIntuition.Net](http://www.MyIntuition.Net) for more information)



**Clairvoyant Program-Part II** Weds. Apr. 8, 2026:00pm-7:30pm with Corey. This advanced program helps you further attain personal growth and increase clairvoyance. Examples of 6-month Lectures: Creative Rings, Genetic Entity, Supreme Being, Report Stations, Improving Memory Banks, Remote Viewing, Aliens/UFOs, 8th Chakra, Parent/Child/Adult and more! Includes: 24 classes - Discounted One-to-One (First Session \$99.), Participation in clinics & more. Cost: \$1320 or \$1195 if paid in full on first night. You can also pay monthly with post-dated checks or credit card slip at \$220 per month. Call 858-509-7582 to RSVP. (pre-requisite Clair I - Part I)



## **Spiritual Leaders & Teachers Apprentice Program**

**7:45-8:45pm Weds., Apr. 8, 2026 - Corey** Learn to Own Your Crown Chakra on a new level that is only reached through looking at being a leader. Get over Fear, Invalidation & Competition. Explore Your Shadow Side. Set the energy for miracles. Handle the attention of strangers. Have your space when buttons get pushed. Whether you plan to teach or not, this program is life-changing. (pre-requisite: *Clair II or concurrently taking Clair II*) (24 classes including practice labs & plus Apprenticeship in Classes. This six-month program covers the following: Being Psychic w/ your eyes open. Answering questions on the spot, Setting Energy in a Room, Choosing a Healing Master Guide, Lead House healings, Marketing a Class. How to Run a Fair Lecture and lecture in public, How to Teach Over-the-Telephone. Being a student and learning while you teach, & much more! - 24 Classes with practice labs—which include a monthly clinic for you to practice what you’ve learned, plus apprenticing in classes. \$150/month for 6 months for \$900; \$800 in advance, or \$150/month for 6 months.



## **Beginning Trance Medium Program-Part I by phone**

How to safely be at a Trance Medium vibration and control whether or not you allow a being into your body. Do you do things that are not in your own essence? Includes: Two lectures per month 2nd & 4th Mondays plus the Trance Medium clinics over-the-telephone. \$200/month This is a 24 month program (48 lectures). Pre-requisite: Clair I program + enrollment in Clair II. Call for dial in 858-509-7582 for the TM Open House link. (Part II is a 3-year program for a total of 5 years.) Can join anytime. Free TM Open House-TBA by phone. 6:00 - 7:00pm (For new Students only) or Call for dial in number. 858-509-7582.



## **Advanced Ascension Mastery Program (formerly called One-to-One Program)-Part I**

**Andree, Yvonne, & Steve** Consists of Sessions #1-#16 One-Hour Sessions (includes a 10-minute energy check + a question with each session.) These advanced and amazing psychic energy tools were created by Lewis S. Bostwick to help you accelerate on your spiritual path.

Prerequisite: Clairvoyant Programs I & II;

Topics include: Your higher & lower self.

Advanced healing with the Akashic Records.

The Threshold (between this life and last lifetime).

Exploring your goals before you took this body.

Discover what controls your path. Sessions are \$175 by Yvonne, or Steve;

Discount if all sessions are paid in advance. Call 858-509-7582 to schedule.

## **Ascension Mastery Program (formerly called One-to-One Program)-Part I with Yvonne**

- Consists of Sessions #1-#16 One-Hour Sessions (includes a 10-minute energy check + a question with each session.) These advanced and amazing psychic energy tools were created by Lewis S. Bostwick to help you accelerate on your spiritual path. Prerequisite: Clairvoyant Programs I & II; Topics include: Your higher & lower self. Advanced healing with the Akashic Records. The Threshold (between this life and last lifetime). Exploring your goals before you took this body. Discover what controls your path. Sessions are \$175 by Yvonne, Joe Discount if all sessions are paid in advance. Call 858-509-7582 to schedule.

**Advanced Ascension Mastery Program - Part II** -consists of Sessions #17-#34 covering topics such as: TranceMediumship, Personal Power, Competition, Destructive Beings, Love, Fear, Life Purpose, Ascension,

**Avatar Ascension Program - Part III** – An additional **16** sessions (#35-#50) to complete the series as mentioned above. Call 858-509-7582 to schedule. The first session is \$100 for all graduates of the Clairvoyant Program Part II. Yvonne offers sessions in-person and over the telephone.

## **Hands on Healing Program - 4 weeks**

**- TBA - Yvonne - in-person 10:00am-**

**12pm A spiritual 4 week program--**

**Plus Bonus Practice Labs for you to have confi-**

**dence. Receive your Graduate Hands on Healing**

**Certification. Inside every human lies the innate**

**ability to heal by a light touch. Includes a monthly**

**lecture, practice sessions and clinics. Heal the as-**

**tral body. Remove “pain pictures or thoughts”**

**lodged in the body and organs. Build your own**

**healing sanctuary. Give a neutral touch without**

**judgment. Clear the silver cord of stuck energies.**

**All while also focusing on healing yourself.**