Intuitive Insights School of Intuition

NOVEMBER-DECEMBER 2026

What Does Your Aura Reveal about You?



THE AURA, AN ENERGY FIELD extending about two feet around the body, has been referred to as "the window to one's soul." All living things, including animals and plants, have an aura made of energy. This energy radiates from the cells and the chakras--which are referred to as "energy centers." This energy produces color vibration. Sometimes you can actually see a glowing color around a person's body. At a metaphysical church where I once worked, I often saw a golden light around the body of a teacher after she completed a meditation. The coloring, shape, and size of the aura can tell many things about a person's personality, disposition, and thoughts. If there are multiple bright colors in the aura, then it shows that the individual has many interests. If there are only two colors in the aura, then often the person is focused on only two aspects in his life. If you are constantly thinking about the future, your aura will extend out in front of you, and become thinner behind you. If you are often thinking about the past, for example—recalling your high school or reflecting on your college days—your aura will extend behind you. There is a tendency for certain cultures to hold their aura in a particular position. Here in the United States, our auras tend to be mostly extended in front of us, showing that our focus is on the future and what's going to happen next. In certain parts of Southern Europe, the aura of the older generation tends to extend behind them, as they remember a better time in the past. The aura reflects your spiritual health, so if you are stressed, angry, or influenced by other's thoughts, this condition will be reflected in the aura as dark colors or bright white. If you are frequently tired, you might be extending your aura out to encompass the whole room. You then pick up energy from others, which lowers your stamina. If you become ill, your aura shrinks in size to assist in the healing process. Shrinking the aura helps to ensure that you don't pick up stray energies. Energy isn't good or bad. It's either yours or not yours. It is as if each person has his or her own brand of fuel or energy. If you put your energy and thoughts into others, it might make them feel good for a while, but eventually they will not feel good because they are not being themselves. Energy works best if you have your own energy in your own aura. Having your own energy in your aura is reflected by vivid or pastel colors. The positioning and size of the aura are not fixed and can change. An aura healing from a clairvoyant reader can release dark colors, holes and tears from the aura, allowing you, the spirit, to heal yourself. Once the spirit heals itself, the body starts to heal itself, hence the saying, "Heal the spirit and the spirit heals the body." You can also learn to heal your own aura. One way of doing this is by learning to read the aura of someone else. When you learn to read someone else's aura, you start to process your own similar experiences. You might become aware of shared experiences. This is called a "Matching Picture." If you fell off a horse when you were 12 years old and the person you are reading also fell off a horse when she was young, then you have found a matching picture. If you feel you have a matching picture with this person, then you can use the psychic tools of grounding or exploding a rose, as practiced in the clairvoyant program, to release the matching picture or thought. You free up your energy from this thought and you feel better at the end of the aura reading. Learn these tools in the Practical Intuition 3-week class or by taking the Five-Month Intuitive Clairvoyant Training Program in January from 6:00-8:00. ***-Vessa Rinehart-Phillips, Director***

Intuitive Insights
P.O. Box 675612
Rancho Santa Fe, CA 92067
858-509-7582
www.MyIntuition.Net

Clinics & Ongoing at a Glance

Mon. Nov. 2- Moon Wkshp-Scorpio & Gemini 6:00-7:30pm Corey on zoom
Mondays, Nov. 9 - Spiritual Warrior Training -Lisa Aruna 6pm-7:30pm on zoom
Tuesdays. Nov. 10-24 Karla - Practical Intuition Part I - 3-wks--7:30pm *on Zoom*
Mon. Nov 16- Women's Healing Clinic - 7:00pm Corey *on Zoom*
Mon. Nov 16- Pet Healing Clinic - 6-7pm *on Zoom* Yvonne
Mon. Nov.23-Art of Forgiveness-6-7:30pm Yvonne
Sunday, Nov.29- Crystal Bowl Concert – Dr. Yvonne *in-person* 3-4:00pm
December 3 -Thursday 6-715 Moon Workshops Corey *on Zoom*
Tues. Dec.8-22 - Practical Intuition (Healing Masters) Part II - 3-wks-Karla
Mon. Dec. 21- Women's Healing Clinic - 7:00pm Corey *on Zoom*
Mon. Dec. 21- Pet Healing Clinic - 6-7pm *on Zoom* Yvonne
Sunday, Dec 27- Crystal Bowl Concert – Dr. Yvonne *in-person* 3-4:00pm

Go to www.MyIntuition.Net for more info & zoom password is energy!

Clairvoyant Training Program–January 2027

Intuitive Insights' philosophy is that everyone has intuition and psychic abilities. Mankind is now in a spiritual renaissance. People are opening up to their psychic and spiritual abilities with increasing acceptance and support more than ever before.

In this Five-month program, you will learn to tap into your own special gifts, which will change your life and alter your perspective in a positive way. You will get more of your energy back and be able to hear your inner voice better than one could ever imagine.

The Clairvoyant Program helps you heal from past issues or experiences and better equips you to deal with day-to-day events. Using the tools of this program will enable you to find more harmony and ease in creating your goals and life aspirations.

This Five-Month Program includes:

- 20 Lectures
- Additional Practice Clinics for you to receive & give readings and healings.

Class dates/times: Tuesdays, October 6-February 2027

Examples of 20 Lectures:

*** Reading the aura-- present, past & future**
*** Reading past lives & how they affect you**
*** Speaking to beings & spirit guides and how to have them help you**
*** Answer any question asked of you using the answers within**
*** Talking to dead people**
*** How to de-energize life experiences that keep you stuck**
*** Exploring the chakras**
*** Out of body healing**
*** Cords & communication**
*** Repairing holes in the aura**
*** Access the Akashic records**
*** How to give a Long-Distance Healing**
*** Deprogramming yourself**
*** Forgiveness & Karma**
*** The Astral Body**
*** House Healing**
*** Reading Tarot Cards**
*** Protection Tools**
*** Learn ways to keep your energy and not give your energy away and more...**

This program is open to join for 3 weeks.

Taught in-person or over-the-telephone.

FREQUENTLY ASKED QUESTIONS ABOUT THE CLAIRVOYANT PROGRAM

Where do I start? Is there a prerequisite? The 3-week Practical Intuition I Class is recommended but not required. Many people jump right into the Clairvoyant I Program.

How much does the training cost? The program is $1680- which can be paid monthly over the 5 months Or $1500 in full on first night—with the last month free($336 discount.)

How long and how many hours a week are required and what exactly will I be doing? It's a 5-month program with a weekly schedule: One lecture per week plus a monthly Lab: Clinic Participation. You are encouraged to attend the reading practice as often as you are able. If you take a vacation, you can listen to the recording of the lecture. We can email it to you.

What will I learn? You'll learn "to read." The focus of the curriculum is teaching how to read and work with spirit. You will be able to use the tools you learn in this program out in the "unreal" world.

When do I begin reading? Your participation in the reading practice begins immediately, usually as a "scribe" (the person who sits alongside another reader) and observes. Within the first few weeks you will be reading.

Are my friends going to think I'm crazy? Probably; until they have an issue and then they'll call and ask you to look at something for them—after which you won't be so crazy.

What if I can't see anything? Fine, this isn't uncommon & doesn't last very long. No one has ever flunked this program.

What if I am afraid that I will see and know too much by taking this program? You will learn to manage your psychic abilities--rather than having your abilities run you around. Greater awareness brings a more satisfying, fulfilling life.

What graduates of the Clairvoyant Program are saying:

"In my life I was looking for a deeper spiritual awareness of mankind. This powerful program helped me answer these questions and manifest more in my life." - D. Greenberg

"By taking this program, I realize that I can become a professional psychic or just give a reading to my sister at Thanksgiving." - S.B. Anderhart

"This program changed my life, more certainty, awareness and to finally begin to understand how life & the universe truly works and create the life I want." -M. Upshaw

Sign up for Phone Classes on www.MyIntuition.Net OR Call 858-509-7582. Sign up 2 days in advance.

On-Going Healing/Reading Clinics & Workshops

Go to website for more information www.MyIntution.Net

Spiritual Warrior Training

Sunday, Nov 9, 2026
A two-part Zoom workshop 6-730pm
with Lisa Aruna

Confidence, Presence, Discernment and Wisdom are qualities of the archetypal cosmic warrior. This workshop is about developing your inner skills to claim your inner spiritual warrior truth as we move into the Aquarian revolution for equality, peace and rising up of individual power. Based on concepts of Human Design blended with meditation practice. Email birth data: time, place, city when signing up to have your chart included.

Location: on Zoom or by phone.
Www.myintuition.net
Cost: $65.00 each

Pet Healing Clinic

Bring your **pet or photo** of your pet to the Pet Healing Clinic at 6:00 pm.
Dr. Yvonne K. will energetically "look" at your pet and any issues that you have with your pet, and give your pet a healing.
With some pets, we ask that you come check in, and leave your pet in the car for a few minutes until it's your turn—to keep all animals calm.
Dates are **Every Third Monday Night! On Nov16, Dec.21….**
$20 per pet.



Trance Medium Clinic by Telephone -

5:30pm 540 550

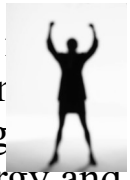
Then sign up and call in on the telephone.

run by Vessa Phillips & Steve – Fourth Monday 6:15pm by appt. **4th Mondays: January (no clinic in November or December due to holidays) Next one in January on 4th Monday.**

The TM healers heal from a vibration of white. Often the TM healers give healings from outside their bodies and will not speak while directing these silent, yet unique, and powerful healings. The readers in this program have been reading for a number of years. They live across the country and bring their gifts to seekers. Call the Dial-in number. When you are on the call with the healers, you will be asked your name, as well as your healing request. The healing will last 10 minutes. It will begin with a silent healing, thereafter, the healers will give 2 minutes of communication about the healing. Email Vessa or call 858-509-7582 to set up your appt.
A contribution for a TM healing is $20
for 10 minutes for first timers, or $20 for repeaters.
Www.MyIntuition.Net

Women's Healing Clinic

Mondays, 7:00 - 7:45 pm
Every Third Monday Night! Corey -3rd Mondays, Nov16, Dec.21...



No appointment sary. Ladies, cor and get a healing your female energy and issues. Receive a psychic reading on any female related topic…
$25

*** Self Image**
*** Female Creativity**
*** Relationships**
*** Women in Careers**
*** Male/Female Communication**
*** Clear out stuck energy in the life changes (getting your cycle, puberty, pregnancy, divorce, etc.) Clean out your ability to nurture yourself**
*** Receive a healing on your wellness energy.**

Location: on Zoom or by phone.
Www.myintuition.net
Cost: $25.00

Psychic Tools Classes, Women's Intuition, Life Coaching

Psychic Tools or Women's Intuition are a good way to start learning to develop your intuition.

Practical Intuition I- Psychic Tools Part I



Tues, Nov. 10-24 Karla for 3-wks-6-7:30pm ***on Zoom***

We are made of three parts - spirit, mind & body, but most forms of healing deal only with the body. In this course, you will learn techniques to: **Release the energy causing "disease" in the first place. Replenish your energy when drained. Protect yourself. Find lost items. Strengthen your own clairvoyant abilities by tapping into your intuition. Stop giving your own life force energy away unconsciously. Use psychic tools which allow you to "read" people. Create prosperity for yourself & others.** Cost: $160 or $150 if paid at least 2 days prior. Taught on zoom.

Crystal Bowl Healing Concerts– last Sundays at 3:00pm-4:00pm Nov.29, Dec.27…

Each person will receive a vibrational healing during the concert.$40. (Please pay in advance online at www.MyIntuition.Net prior as to not interrupt the concert.)

Products-Books/CDs

Vessa Rinehart-Phillips' books are available. ***The Spiritual Coloring Book for Children $20.*** **And also:** ***Journey of the Awakened Psychic– Joe The Only Lesson-Bill McKenna*** **Vessa's CDs $20:**

1. The Energy of Completing Relationships
2. The 7 Secrets of Attraction-
3. Winning Your Court Case with Spiritual Tools
4. Removing the Veil: Talking to Other Side
5. Abundance & Prosperity-Vessa
6. Spiritual Tools to End Depression-Vessa
6. Famous Poetry
7. Spiritual Tools for a Successful Operation

Psychic Tools /Practical Intuition- Part II

Tues. Dec. 8-22 -2026 Karla at 6:00-7:30pm

Prerequisite: Practical Intuition I

Learn how to heal yourself and give more effective healings to others **without giving your energy away**! In this course, you will learn techniques to:m*** Direct advanced healings with a healing master guide. Learn to communicate and direct them. Use psychic tools to "read" people. Repair holes and tears in the aura. Create and destroy to make space for the new. Clear your meridians and energy channels. Heal & repair the chakras. Practice the art of non-resistance. Cost:** $160. Only $150 if paid 3 days prior. www.MyIntuition.Net Bonus: Students can receive a 1/2 hour reading free from the instructor. Location: on zoom. Call for info 858-509-7582.website: www.MyInutuition.Net

Practical Intuition-Part I (Psychic Tools Class)

Tues, Nov. 3-17 - 3-wks-Karla 6-7:30pm ***on Zoom***

We are made of three parts - spirit, mind & body, but most forms of healing deal only with the body. In this course, you will learn techniques to: **Release the energy causing "dis-ease" in the first place. Replenish your energy when drained. Protect yourself. Find lost items. Strengthen your own clairvoyant abilities by tapping into your intuition. Stop giving your own life force energy away unconsciously. Use psychic tools which allow you to "read" people. Create prosperity for yourself & others.** Cost: $160 or $150 if paid at least 2 days prior. Taught on zoom. Www.MyIntuition.Net

Moon Workshops - Corey Davidson

November 5 Thursday 6-715

New Moon in Scorpio Energy Manifestation. Full Moon in Gemini Energy Releasing

December 3 Thursday 6-715

New Moon in Sagittarius Energy Manifestation. Full Moon in Cancer Energy Releasing

The lunar cycle influences human beings, not just oceans. Aligning ourselves with the lunar cycle allows us to create consciously and have better control over our lives. In the New Moon Workshop you will learn how to: Harness the energy of the New Moon to manifest your desires. Consciously link your psyche to the lunar cycle, allowing access to a deeper meditative state. Be more grounded in your intentional practice and amplify our results. Align your psyche with the cycles that are part of your natural environment. Become in-sync with your world. Utilize the full moon to release the past, so you may create space for your desires.

Release self-destructive addictions and unhealthy habits, such as excessive drinking, smoking, or poor dietary choices. Set the energy for healthy sleep habits, Surrender anxieties into the healing hands. Release tendencies to feel helpless or like the "victim. Begin spending time with those who are on a similar spiritual path. $40 each Increase levels of joy and spiritual fulfillment.

Graduate Programs

(Go to www.MyIntuition.Net for more information)



Clairvoyant Program-Part II Weds. Oct. 21, 2026 at 6:00pm-7:30 with Corey



This advanced program helps you further attain personal growth and increase clairvoyance. Examples of 5-month Lectures: Creative Rings, Genetic Entity, Supreme Being, Report Stations, Improving Memory Banks, Remote Viewing, Aliens/UFOs, 8th Chakra, Parent/Child/Adult and more!
Includes: 20 classes - Participation in clinics & more. Cost: $1325 or $1195 if paid in full on first night. You can also pay monthly with post-dated checks or credit card slip at $265 per month. Call 858-509-7582 to RSVP. (pre-requisite

Spiritual Leaders &Teachers Apprentice Program 7:45-8:45pm Weds., Oct 21, 2026 - Corey

Learn to Own Your Crown Chakra on a new level that is only reached through looking at being a leader. Get over Fear, Invalidation & Competition. Explore Your Shadow Side. Set the energy for miracles. Handle the attention of strangers. Have your space when buttons get pushed. Whether you plan to teach or not, this program is life-changing. *(pre-requisite: Clair II or concurrently taking Clair II)* (24 classes including practice labs & plus Apprenticeship in Classes. This five-month program covers the following: Being Psychic w/ your eyes open. Answering questions on the spot, Setting Energy in a Room, Choosing a Healing Master Guide, Lead House healings, Marketing a Class. How to Run a Fair Lecture and lecture in public, How to Teach Over-the-Telephone. Being a student and learning while you teach, & much more! - 24 Classes with practice labs—which include a monthly clinic for you to practice what you've learned, plus apprenticing in classes. $240/month for 5 months for $1199; $1100 in advance,.



Advanced Ascension Mastery Program (formerly called One-to-One Program)-Part I Vessa, Yvonne, & Steve

Consists of Sessions #1-#22 One-Hour Sessions (includes a 10-minute energy check + a question with each session.) These advanced and amazing psychic energy tools were created by Lewis S. Bostwick to help you accelerate on your spiritual path.
Prerequisite: Clairvoyant Programs I & II; Topics include:
Your higher & lower self.
Advanced healing with the Akashic Records. The Threshold (between this life and last lifetime). Exploring your goals before you took this body.
Discover what controls your path.
The first session is $170 for all graduates of the Clairvoyant Program Part II. Thereafter, Vessa's sessions for graduates are $270. Corey Davidson also teaches the One to One Ascension Mastery sessions for $220 each session after 1st session. Call 858-509-7582 to schedule.
(Vessa does sessions on Mondays, Tuesdays, and Wednesday mornings.)

Advanced Ascension Mastery Program - Part II -consists of Sessions #23-#34 covering topics such as: TranceMediumship, Personal Power, Competition, Destructive Beings, Love, Fear, Life Purpose, Ascension,
Avatar Ascension Program - Part III – An additional **16** sessions (#35-#50) to complete the series as mentioned above. Call 858-509-7582 to schedule. .