



Resource Guide

Table of Contents

Section 1: General PA Resources	3
1.1 Parent Support.....	3
1.2 Food Banks Across Central PA.....	4
Section 2: Dauphin County Resources	5
2.1 Developmental Pediatrician/Diagnostic Locations:.....	5
2.2 ABA Providers:	
.....	5
2.3 Speech Therapy/OT/Physical Therapy Providers:	6
2.4 Area	
Resources.....	
.....	6
Section 3: Cumberland County	
Resources	8
3.1 Developmental Pediatrician/Diagnostic Locations:.....	8
3.2 ABA Providers:	
.....	8
3.3 Speech Therapy/OT/Physical Therapy Providers:	9
3.4 Area	
Resources.....	
.....	9
Sections 4: York County	
Resources	10
4.1 Developmental Pediatrician/Diagnostic Locations:.....	10
4.2 ABA Providers:	
.....	10
4.3 Speech Therapy/OT/Physical Therapy Providers:	10
4.4 Area	
Resources.....	
.....	11

General PA Resources

Dial 911 if you have an emergency.

Dial 988 if you are in mental health distress or are considering self-harm.



Kareem's Mission Autism Support non-profit Organization

www.kareemsmmission.org www.kmissiontv.com
info@kareemsmmission.org 717-512-0043

211:

[HTTPS://WWW.PA211.ORG](https://www.pa211.org)

Resources for:

Crisis Hotline

Housing & Shelter

Food

Utilities

Employment and Expenses

Health

Mental Health

Disaster Services

Clothing and Household

Community Resources

Disability Services

Family Resources

Legal Services

Older Adults

Reentry Resources

Substance Use

Transportation

Veterans

Parent Support

CAM- Collaborative Autism Movement-

Address: 100 N Conahan Drive
Hazleton, PA 18201

Phone: 272-207-4409

Website: <https://www.collaborativeautismmovement.com>

National Autism Conference-

Address: The PA State University
University Park, PA 16802

Phone: 814-863-5100

Website: <https://autism.outreach.psu.edu>

S.A.F.E. Inc.

Address: Address: PO Box, 299
Conyngham, PA 18219

Phone: 570-795-8100

Website: <https://autismsafe.org>

PATTAN

Address: 6340 Flank Drive,
Harrisburg, PA 17112

Phone: 717-541-4960

Website: <https://www.pattan.net>

Autism Speaks:

Phone: 1-888-288-4762

Website: <https://www.autismspeaks.org>

Support groups

Central PA Autism and Special Needs Mom-

Website: <https://www.facebook.com/groups/744108539042636>

Sensory and Autism Spectrum Support for Youth-

Website: <https://www.facebook.com/groups/493146124033318/SY>

Medical Assistance:

Loophole for children with ASD Dx, not based on income level: If you are having difficulty getting services approved for your child, below is information and local contacts to reach out to for support and help.

Legal Representation



Kareem's Mission Autism Support non-profit Organization

www.kareemsmmission.org www.kmissiontv.com
info@kareemsmmission.org 717-512-0043

Mid Penn Legal Services

29 North Queen Street
York, PA 17403

Phone: 717-848-3605

Justice Works Family of Services

<https://www.justiceworksyouthcare.com>

Phone: 1-877-525-5992

Modest Means/Attorney Connection

Phone: 717-854-8755

Pennsylvania Health Law Project:

- **Medical Assistance- Getting Medical Assistance- Website:**
<https://www.phlp.org/uploads/attachments/ck2xjueg002dg5qu8w454mpbf-ph-95-guide-update-april-2019.pdf>
- **County Offices- Website:** <https://www.dhs.pa.gov/Services/Assistance/Pages/CAO-Contact.aspx>

Food Banks across Central PA:

Big Spring Area Food Bank (Big Spring United Lutheran Church) 101 Crossroad School Rd Newville, PA 17241	Last Monday 9:00 a.m. – 11:00 a.m. Phone - 717-422-4603
Christian Life Assembly Food Bank 2645 Lisburn Road (At Church) Camp Hill, PA 17011	Second Tuesday (Check one month prior for changes) 9:00 a.m. – 12:00 noon. Phone – 717-737-6560
Shippensburg Produce Outreach 130 S. Penn Street - Suite 5 Shippensburg, PA 17257	Every Tuesday -3:30 p.m. – 6:00 p.m. Phone – 717-477-9100 Ext. 1 Email - info@shipout.org
Mt Holly Springs Food Bank 602 McLand Drive Mt. Holly Springs PA 17065	Tuesdays 12 noon - 2 pm Phone – 717-486-4883
New Hope Ministries Food Bank 5228 E. Trindle Rd Mechanicsburg, PA 17050	Food Distribution - call for information Phone – 717-766-7333 * Three mobile pantries available. Contact New Hope Ministries for more information.
New Hope Ministries Food Bank 701 Bosler Ave. Lemoyne, PA 17043	Food Distribution - call for information Phone – 717-774-6255



Kareem's Mission Autism Support non-profit Organization

www.kareemsmmission.org www.kmissiontv.com
info@kareemsmmission.org 717-512-0043

New Hope Ministries Food Bank –	
Enola 110 Altoona Ave. Enola, PA 17025	Tuesdays & Thursdays: 9-4 Thursday evenings: 4 until last appointment 2nd Saturday of each month: 10-12 Phone - 717-996-9006
Project SHARE of Carlisle 5 North Orange Street, #4 Carlisle, PA 17013	See projectSHAREpa.org or call for details. Phone – 717-249-7773
The Salvation Army 20 East Pomfret Street Carlisle, PA 17013	Emergency Food Bank (call and ask for social services) My Brother's Table Meals open to public: (M-F 4:30-5:30 pm, Sat. 12-1:00 pm, Sun. 5-6 pm) Phone - 717-249-1411

Dauphin County Resources

Developmental Pediatrician/Diagnostic Locations:

Penn State Health Medical Center

Address: 22 Northeast Dr, Entrance B, Hershey, PA 17033

Phone: 800-243-1455

Penn State Health Medical Center

Address: 22 Northeast Dr, Entrance B, Hershey, PA 17033

Phone: 800-243-1455

Judith M Stranko, DO – PinnacleHealth Children's & Teen Center

Address: 2645 North 3rd Street, 2nd Floor, Harrisburg PA 17110

Phone: 717-782-4650

CHOP - Children's Hospital of Philadelphia

Address: 3401 Civic Center Blvd Philadelphia PA 19104-4399

Phone: 215-590-7500

Nancy Patrick, Ph.D LLC

Address: 6230 Jonestown Road, Suite A, Harrisburg, PA 17112

Phone: 717-971-2936

Developmental Neuropsychology Services

Address: 160 South Progress Ave, Suite 2B, Harrisburg, PA. 17109

Phone: 717-533-2235

ABA Providers:

Keystone Autism Services

Phone: 717-220-1465

Address: 3700 Vartan Way Harrisburg, PA 17110

NeurAbilities Healthcare

Phone: 856-346-0005

Address: 353 Markle Dr Suite 4 Harrisburg PA 17111

Website: <https://neurabilities.com/services>



Kareem's Mission Autism Support non-profit Organization

www.kareemsmmission.org www.kmissiontv.com
info@kareemsmmission.org 717-512-0043

Vista Autism Services

Address: 1021 Springboard Drive Hershey, PA 17033

Phone: (717) 835-5102

Website: <https://vistaautismservices.org>

Behavior Therapy International

Address: 325 2nd Street Wormleysburg, PA 17043

Phone: 844-588-4222

Website: <https://www.btiththerapy.com>

Speech Therapy/OT/Physical Therapy Providers:

Tiny Talkers (ST):

Address: 7086 Beaver Spring Rd Harrisburg, PA 17111

Phone: 717-256-1507

Website: <http://tinytalkerspa.com/contact>

Decode It Therapy:

Address: 3540 N Progress Ave Ste 101, Harrisburg, PA 17110

Phone: (410) 756-0013

Website: <https://www.decodeittherapy.com>

Therabilities Inc:

Address: 4210 Linglestown Rd, Harrisburg, PA 17112

Phone: (717) 540-9218

Website: <https://therabilities.com>

OT & Me:

Address: 5821 Linglestown Rd Ste 212, Harrisburg, PA 17112

Phone: (717) 364-4360

Website: <http://www.otandmepa.com>

Central Pa Therapy Connections:

Address: 245 W Main St, Hummelstown, PA 17036

Phone: (717) 449-4854

Website: <https://cpatherapyconnections.com>

AREA RESOURCES

Harrisburg PA-Gov. Website: <https://harrisburgpa.gov>

CHILDREN/FAMILY

- **Communities in Schools Pennsylvania- Website:** <https://harrisburgpa.gov/big-brothers-big-sisters-2>
- **Boys & Girls Club- Website:** <https://harrisburgpa.gov/boys-girls-club>
- **Jewish Federation of Greater Harrisburg- Website:**
<https://harrisburgpa.gov/jewish-federation-of-greater-harrisburg>
- **Salvation Army- Website:** <https://harrisburgpa.gov/salvation-army-2>



Kareem's Mission Autism Support non-profit Organization

www.kareemsmmission.org www.kmissiontv.com
info@kareemsmmission.org 717-512-0043

- **The Neighborhood Center- Website:** <https://harrisburgpa.gov/the-neighborhood-center>
- **East Shore YMCA- Website:** <https://harrisburgpa.gov/east-shore-ymca>

FOOD

- **Central PA Food Bank- Website:** <https://harrisburgpa.gov/central-pa-food-bank>
- **Downtown Daily Bread- Website:** <https://harrisburgpa.gov/downtown-daily-bread>
- **Ecumenical Food Pantry- Website:** <https://harrisburgpa.gov/ecumenical-food-pantry>
- **Helping Hands Ministries- Website:** <https://harrisburgpa.gov/helping-hands-ministries>
- **St. Francis Assisi- Website:** <https://harrisburgpa.gov/st-francis-assisi-2>
- **St. Stephen's Episcopal- Website:** <https://harrisburgpa.gov/st-stephens-episcopal>

GOVERNMENT

- **State Rep. Patty Kim- Website:** <https://harrisburgpa.gov/state-rep-patty-kim>
- **State Rep. Dave Madsen- Website:** <https://harrisburgpa.gov/state-rep-patty-kim-2>
- **State Senator John DiSanto- Website:** <https://harrisburgpa.gov/state-senator-john-disanto>
- **Congressman Scott Perry- Website:** <https://harrisburgpa.gov/congressman-scott-perry>
- **Dauphin County Commissioners- Website:** <https://harrisburgpa.gov/dauphin-county-commissioners-2>

INTERNATIONAL / IMMIGRATION

- **Church World Service Harrisburg- Website:** <https://harrisburgpa.gov/church-world-service-harrisburg>
- **International Services Center- Website:** <https://harrisburgpa.gov/international-services-center-2>
- **Latino Hispanic American Community Center- Website:**
<https://harrisburgpa.gov/latino-hispanic-american-community-center>

LEGAL

- **Dauphin County Public Defender- Website:** <https://harrisburgpa.gov/dauphin-county-public-defender>
- **Dauphin County District Attorney- Website:** <https://harrisburgpa.gov/dauphin-county-district-attorney>

MENTAL HEALTH

- **Case Management Unit- Website:** <https://harrisburgpa.gov/case-management-unit>
- **Crisis Intervention Program- Website:** <https://harrisburgpa.gov/crisis-intervention-program>
- **Pennsylvania Counseling Services- Website:** <https://harrisburgpa.gov/pennsylvania-counseling-services>
- **T.W. Ponessa- Website:** <https://harrisburgpa.gov/tw-ponessa-3>
- **The RASE Project- Website:** <https://harrisburgpa.gov/the-rase-project>

SHELTER



Kareem's Mission Autism Support non-profit Organization

www.kareemsmmission.org www.kmissiontv.com
info@kareemsmmission.org 717-512-0043

- **Bethesda Mission- Website:** <https://harrisburgpa.gov/bethesda-mission>
- **Shalom House- Website:** <https://harrisburgpa.gov/shalom-house>
- **YWCA Greater Harrisburg- Website:** <https://harrisburgpa.gov/ywca-greater-harrisburg>

WOMEN

- **PA Immigrant & Refugee Women's Network- Website:** <https://www.pairwn.org>

HARRISBURG NEIGHBORHOOD CENTER

- **WEBSITE:** [HTTPS://HARRISBURGPA.GOV/THE-NEIGHBORHOOD-CENTER](https://harrisburgpa.gov/the-neighborhood-center)

Services Provided

- Licensed Child Care Center – Star 4:
- Caring Closet for those in need of clothing and other items.
- Diaper Bank for single parent families or for those in need.
- Community and Family Events to build and empower greatness.

Cumberland County Resources

Developmental Pediatrician/Diagnostic Locations:

Central Penn Education

Address: 600 Crooked Stick Dr., Mechanicsburg, PA 17050

Phone: 717-805-6248

Tan & Garcia Pediatrics - Dr. Falguni Acharya

Address: 2020 Good Hope Rd, Enola, PA 17025

Phone: 717-761-7901

CHOP - Children's Hospital of Philadelphia

Address: 3401 Civic Center Blvd Philadelphia PA 19104-4399

Phone: 215-590-7500

ABA Providers:

PRO ABA Services

Address: 1086 Highway 315 Plaza 315, Plains PA 18702

Phone: 570-846-1025

Website: <http://proabaservices.org>

Penn State Health Medical Group

Address: 3 Flowers Dr Mechanicsburg, PA 17050

Phone: 717-763-2228

Website: <https://www.pennstatehealth.org>



Kareem's Mission Autism Support non-profit Organization

www.kareemsmmission.org www.kmissiontv.com
info@kareemsmmission.org 717-512-0043

WellSpan**Phone:** 888-324-0064**Website:** <https://www.wellspanphilhaven.org>

Helping Hands Family - ABA Therapy**Phone:** 717-782-0697**Address:** 5021 Louise Dr Suite 3, Mechanicsburg, PA 17055**Website:** <https://hhfamily.com>

Behavior Therapy International**Phone:** 844-588-4222**Address:** 325 2nd Street Wormleysburg, PA 17043**Website:** <https://www.btiththerapy.com>

Speech Therapy/OT/Physical Therapy Providers:

Harmony in Motion (ST/PT):**Phone:** 717-906-8232**Address:** 1225 Ritner Hwy Carlisle, PA 17013**Website:** <https://www.harmonyinmotiontherapy.com>

Growing in Motion (ST/OT/PT):**Phone:** 717-506-5668**Address:** 1926 Market Street Camp Hill, PA 17011**Website:** <https://www.growinginmotion.org>

TCS (OT/PT):**Phone:** 717-761-4754**Address:** 115 S St. John's Drive Camp Hill PA 17011**Website:** <https://patcs.com>

AREA RESOURCES

Mechanicsburg-Cumberland County. Website: <https://www.cumberlandcountypa.gov>

Website: <https://www.findhelp.org/care/community-support-services--Mechanicsburg-pa>

Services you can find:



Kareem's Mission Autism Support non-profit Organization

www.kareemsmmission.org www.kmissiontv.com
info@kareemsmmission.org 717-512-0043

- Library Services
- Benefits Assistance
- Professional Training ACCE (Autism Collaborative Centers of Excellence)
- Independence Program Veteran Family Support Program
- Adoption Counseling
- Virtual Support
- Senior Services
- Information and Referral Services
- Community Outreach
- Adult Day Program
- The National Infant-Toddler Court Program
- Technology Services
- Adult Community Autism Program (ACAP)
- Affordable Housing
- Self Sufficiency Program (TCCA)
- Social Rehabilitation Program

Drug and Alcohol Services

Cumberland County Website:

Our mission is to ensure that a full continuum of quality substance abuse prevention, intervention, and treatment services are available to all eligible Cumberland and Perry County residents.

Website: <https://www.cumberlandcountypa.gov/115/Drug-Alcohol-Commission>

These services include:

- [Substance Abuse Prevention](#)
- [Student Assistance Program Support](#)
- [Local Treatment](#)
- [Case Management](#)

Cumberland-Perry County Drug and Alcohol Commission

Website: cumbperrydanda@cumberlandcountypa.gov

Phone: 717-240-6300

Address: 16 W High St, Carlisle PA, 17013

Avenues Recovery

Website: <https://www.avenuesrecovery.com/>

Phone: 570-354-6060

Address: 1753 Kendarbren Dr, Suite 612, Jamison PA 18929

Women and Children's Resources:



Kareem's Mission Autism Support non-profit Organization

www.kareemsmmission.org www.kmissiontv.com
info@kareemsmmission.org 717-512-0043

Children and Youth Services

Our mission is to provide professional social services in order to:

- Protect the safety and welfare of children
- Preserve, support and strengthen the family
- Identify alternative care, a safe environment and a permanent home for those children unable to remain in their home

Website: cccy@cumberlandcountypa.gov

Address: 16 W High St, Suite 200 Carlisle PA, 17013

Phone: 717-240-6120

ChildLine, PA child abuse registry (24hours/day, 7 days/week) 1-800-932-0313

Connections of Cumberland County

Mission: Connection of Cumberland County collaborates with community resources to empower women experiencing homelessness or at risk of homelessness to develop self-sufficiency and enhance their children's future.

Website: <https://www.connectionsofcc.org/>

Phone: 910-630-0106

Email: info@connectionsofcc.org

Domestic Violence Services of Cumberland and Perry Counties:

Website: <https://www.dvscp.org/>

Phone: 800-852-2102

YWCA: Carlisle and Cumberland Counties

Mission: YWCA is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

Website: <https://ywcacarlisle.org/>

Phone: 717-243-3818

Address: 301 G St, Carlisle PA, 17013

York County Resources

Developmental Pediatrician/Diagnostic Locations:

WellSpan Philhaven

Address: 3550 Concord Rd. York, PA 17402

Phone: 717-851-6340

PA Counseling

Address: 225 East Springettsbury Avenue, York, PA 17403

Phone: 717-54-6800

Nicholas A. Pappas PhD

Address: 907 Roosevelt Avenue, PA 17404

Phone: 717-843-9555

Psychological Services of York, LLC

Address: 2575 Eastern Blvd. Ste 204 York, PA 17402

Phone: 717-894-0523

ABA Providers:



Kareem's Mission Autism Support non-profit Organization

www.kareemsmmission.org www.kmissiontv.com
info@kareemsmmission.org 717-512-0043

AREA RESOURCES

York County Website- General Information on Aging, Medicare, Health and Wellness, Finances, Education, Consumer and Legal issues, government. (See below for other resources found on the York County Website)

Website: <https://yorkcountypa.gov>

Children, Youth and Families -

Website: <https://yorkcountypa.gov>

Address: 100 W Market St Ste 402, York PA 17401

Phone: 717-846-8496

Youth Development Center

Address: 3564 Heindel Rd, York PA 17402

Phone: 717-840-7570



Kareem's Mission Autism Support non-profit Organization

www.kareemsmmission.org www.kmissiontv.com
info@kareemsmmission.org 717-512-0043

Protection From Abuse
717-771-9662

Housing Services

Website:

<https://yorkcountypa.gov/233/Housing-Options>

Domestic Violence Services

Access - York: 800-262-8444

Safe Home - Hanover: 717-632-0007

Human Services

Website:<https://yorkcountypa.gov/331/HealthChoices-Management-Unit>

DRUG AND ALCOHOL :

If you feel that you are in a crisis state or are in need of detoxification, please call the White Deer Run Regional Support Center number listed below. The Regional Support Center has 24/7 coverage and has been designed to expedite detox placement for all funding sources, for all populations. In a state of crisis, you may also contact one of the 24/7 crisis hotlines or hospitals listed below. 24 Hour help is available...

Types of Services Provided

- White Deer Run Admissions Support Center (Phone hotline only) 1-866-769-6822
24-hour phone emergent care screening
24-hour detox service linkage
- True North Mobile Crisis Unit 717-637-7633 or (866) 325-0339
24-hour Mobile Crisis Hotline
- Wellspan York Hospital Crisis Unit 717-851-5320 or (800)-673-2496
24-hour Crisis Hotline

Local Area Hospitals

*York Hospital 1001 South George Street York PA 17405 717-851-5320 or (800)-673-2496
24-hour emergency care

*Memorial Hospital 325 South Belmont Street York, Pennsylvania 17405 717-843-8623 OR
(800)436-4326
24-hour emergency care

*Hanover Hospital 300 Highland Avenue Hanover, PA 17331 717-637-3711 or (800) 673-2426
24-hour emergency care

*Gettysburg Hospital 147 Gettys Street Gettysburg, PA 717-334-2121
24-hour emergency care

**Please note that the York/Adams Drug and Alcohol Commission does not contract with these providers*

CHILD CARE:

PA Office of Child Development and Early Learning

Website: <https://www.education.pa.gov/Early Learning/Pages>



Kareem's Mission Autism Support non-profit Organization

www.kareemsmmission.org www.kmissiontv.com
info@kareemsmmission.org 717-512-0043

YMCA York
Website: http://www.yorkcoymca.org
YMCA Hanover
Website: http://www.hanoverymca.org
Pennsylvania Pre-K Counts
Website: https://www.pakeys.org/getting-started/ocdel-programs/pre-k-counts
Pre-K for PA
Website: http://www.prekforpa.org
Lincoln Intermediate Unit #12
Website: http://www.iu12.org
National Association for the Education of Young Children (NAEYC)
Website: https://www.naeyc.org
Child Care Consultants
Website: http://www.childcareconsultants.org
Early Intervention
Website: http://cap4kids.org/york/parent-handouts/early-intervention-development
Crispus Attucks Association
Website: http://crispusattucks.org
York Day Nursery
Website: https://www.yorkdaynursery.net
York Jewish Community Center
Website: http://www.yorkcoymca.org
PNC Grow UP Great
Website: http://www.pncgrowupgreat.com
Keystone STARS
Website: https://www.pakeys.org/keystone-stars
PA Association for the Education of Young Children (PENNAEYC)
Website: https://www.pennaeyc.com
Better Kid Care
Website: http://www.betterkidcare.psu.edu/odDE.html
Early Childhood Education Programs
Website: https://www.pakeys.org/getting-started/ocdel-programs
Head Start of York County
Website: http://yorkcpc.org/programs/early-childhood-education/head-start-of-york-county