



IMMERSIVE

Guided Meditation

EVENING

A soft, candlelit evening of guided meditation, relaxing breathwork, flower essences & space to simply rest and receive. ♡



THURSDAY,
AUGUST 27TH



7 PM



BATTLE GROUND HEALING ARTS

408 E MAIN ST, BATTLE GROUND, WA 98604

IN THE FAMILY ROOM

Come through the courtyard and then through the front door.



THRIVE MEMBERS

ATTEND FREE! ♡

NON-MEMBERS

\$20

PER PERSON ♡



Led by

KIMBERLY

CERTIFIED IMMERSIVE MEDITATION GUIDE
RN • OWNER OF THRIVE INFUSIONS & MEDSPA

PLEASE BRING:



YOGA MAT



2 BLANKETS

*A space for rest.
Renewal. You.*

