

MTB POLICY FOR SELF-QUARANTINE: Update

As of November 6th, 2020, Maria Teresa's Babies Early Enrichment Center's Covid-prevention policy that requires a 14-day quarantine period for enrolled families is still in effect.

We have also included updates below:

This applies to families that have:

- travelled to high risk locations domestically and internationally
- had direct physical contact with / had exposure to persons who were Covid-19 positive at the time of your interaction
- **out of town guests from high-risk states/countries staying at the residence with your family (new). This is particularly important with the holiday season approaching.**

What this means for you if you have travelled in the past 14 days

Due to the center's proximity to the District of Columbia, we are using its guidance in addition to that of the state of Virginia and the CDC to ensure that we take a comprehensive approach to protecting our students and staff from possible Covid-19 infection.

If any family member residing in the same household as the children who are currently enrolled at MTB has traveled to any of the locations documented below, the children will not be able to attend the center until 14 days after the date of return. This is a requirement even if the children themselves have not traveled.

1. Any countries deemed Level 3 high risk by the CDC <https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html>
2. Any of the states currently listed below:

Alabama	Iowa	New Mexico
Alaska	Kansas	North Carolina
Arizona	Kentucky	North Dakota
Arkansas	Louisiana	Oklahoma
California	Minnesota	Oregon (added)
Florida	Mississippi	South Carolina
Georgia	Missouri	Tennessee
Idaho	Montana	Texas
Illinois	Nebraska	Utah
Indiana	Nevada	Wisconsin

<https://coronavirus.dc.gov/phasetwo> as of November 6th, 2020

3. Any of the additional locations below:
Hampton area in Virginia, Virginia Beach, Ocean City Maryland, and Rehoboth Beach in Delaware

Note that these locations will be updated as new guidance is released.

We encourage you to get tested for Covid-19 if you are returning from those locations to ensure that you are not asymptomatic positive. Even if you test negative within the 14-day quarantine period, families are still required to follow the 14-day quarantine period from the date of return. There are many uncertainties with

the virus and there is a possibility of false negative results within the quarantine period hence the added precautions.

We are doing this for the safety of the children, staff, and parents. We realize that this policy will be difficult for us to enforce so we are relying on the honor system. If a teacher, child, or parent test positive for Covid-19, the Virginia Department of Health mandates that we participate in contact tracing. We will follow their recommendations, which may include closing the center for 14 days from the last traced contact.

What this means for you if you have had direct physical contact with / had exposure to person who were Covid-19 positive at the time of your interaction

If any family member residing in the same household as the children who are currently enrolled at MTB have knowingly been exposed to persons who were Covid-19 positive at the time of interaction, the children will not be able to attend the center until 14 days after last exposure. This is a requirement even if the children themselves have not been around those persons directly.

Please use your best judgement when travelling and interacting with others. Know that the staff of MTB are also committed to limiting their activities by staying at home as much as possible with the exception of coming to work at the center and doing essential activities in a safe manner according to CDC guidelines.

Thank you for your understanding and cooperation.