

Idaho



- 988 Suicide & Crisis Lifeline — Call or text 988
- Idaho Crisis & Suicide Hotline
 - Call or text 988 or 208-398-HELP (4357)
 - 24/7 emotional support and crisis intervention
- 211 Idaho — Dial 211
 - Connects to housing, food, shelters, and mental health resources

Mental Health Services & Counseling

- Idaho Department of Health and Welfare Behavioral Health Division
 - Provides:
 - Mental health services Crisis
 - support Substance-use
 - treatment
 - Case management

Regional Behavioral Health Centers

Idaho is divided into regions offering:

- Therapy & counseling
- Psychiatric services
- Crisis intervention
- Case management

Major Providers by Region

Boise / Treasure Valley

- St. Luke's Behavioral Health
 - Inpatient and outpatient mental health care
- Terry Reilly Health Services
 - Counseling, psychiatric care, and addiction services

Northern Idaho (Coeur d'Alene)

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- Kootenai Behavioral Health
Mental health counseling and hospital-based care

Eastern Idaho (Idaho Falls / Pocatello)

- Behavioral Health Center Eastern Idaho Regional Medical Center
Psychiatric and crisis services

Addiction Recovery & Rehabilitation Programs

- Idaho Substance Use Disorder Services
Offers:
 - Detox programs
 - Residential rehab
 - Outpatient treatment Medication-
 - assisted treatment