

New Hampshire



- 988 Suicide & Crisis Lifeline — Call or text 988
- New Hampshire Rapid Response Access Point
833-710-6477
24/7 access to mental health and substance-use support
- 211 New Hampshire — Dial 211

Mental Health Services & Counseling Statewide Access

- New Hampshire Department of Health and Human Services Bureau of Mental Health Services
Provides:
 - Mental health treatment
 - Crisis services Substance-
 - use programs
 - Community-based care

Community Mental Health Centers (CMHCs)

New Hampshire's system includes 10 regional CMHCs offering:

- Therapy & counseling
- Psychiatric services
- Crisis intervention
- Case management

Major Providers by Region

Southern New Hampshire (Manchester / Nashua)

- Greater Nashua Mental Health
Counseling, crisis services, and psychiatric care The
- Mental Health Center of Greater Manchester
Community-based mental health support

Seacoast Region

- Seacoast Mental Health Center
Therapy, crisis care, and case management

Statewide / Multiple Locations

- Riverbend Community Mental Health
Counseling, crisis intervention, and recovery services

Addiction Recovery & Rehabilitation Programs

Statewide Treatment Access

- New Hampshire Bureau of Drug and Alcohol Services
Offers:
 - Detox programs
 - Residential rehab
 - Outpatient treatment
 - Medication-assisted treatment

Key Recovery Providers

- Farnum Center
Detox and residential treatment
- New Freedom Academy
Addiction treatment and recovery programs
- Hope for New Hampshire Recovery
Peer support and recovery coaching

Shelters & Housing Assistance

Emergency Shelters

- Families in Transition New Horizons
Emergency shelter and housing support
- New Generation Shelter
Shelter and support services

Housing & Support Programs

- New Hampshire Housing
Rental assistance and housing programs
- Granite United Way
Housing, financial, and community resources

Women, Youth & Domestic Violence Support

- New Hampshire Coalition Against Domestic and Sexual Violence
Shelter connections and advocacy
- YWCA New Hampshire
Shelter, advocacy, and support programs
- Waypoint
Support for youth and families in crisis