

# Kentucky



- 988 Suicide & Crisis Lifeline — Call or text 988
- Kentucky Crisis Line
  - ☎ 1-800-273-TALK (8255) (routes to 988 services)
- 24/7 emotional support and crisis intervention  
Kentucky 211 — Dial 211

## Mental Health Services & Counseling

- Kentucky Cabinet for Health and Family Services Department for Behavioral Health Developmental and Intellectual Disabilities  
Provides:
  - Mental health services
  - Crisis stabilization
  - Substance-use treatment
  - Community-based programs

## Community Mental Health Centers (CMHCs)

Kentucky's system includes regional centers offering:

- Therapy & counseling
- Psychiatric services
- Crisis care
- Case management

## Major Providers by Region

### Louisville Area

- Seven Counties Services  
Therapy, crisis services, addiction treatment

### Lexington Area

- New Vista  
Counseling, psychiatric care, and crisis intervention

## Northern Kentucky

- NorthKey Community Care  
Mental health and substance-use treatment

## Western Kentucky

- Four Rivers Behavioral Health  
Crisis services, therapy, and recovery programs

# Addiction Recovery & Rehabilitation Programs

## Statewide Treatment Access

- Kentucky Behavioral Health Substance Use Services  
Offers:
  - Detox programs
  - Residential rehab
  - Outpatient treatment
  - Medication-assisted treatment

## Key Recovery Providers

- The Healing Place  
Residential recovery programs and support services
- Stepworks Recovery Centers  
Detox and residential rehab programs
- Isaiah House  
Long-term recovery and reentry programs

# Shelters & Housing Assistance

## Emergency Shelters

- Coalition for the Homeless Louisville  
Shelter access and housing coordination
- Welcome House of Northern Kentucky  
Emergency shelter and housing programs

## Housing & Support Programs

- Kentucky Housing Corporation  
Rental assistance and housing programs
- Family Health Centers  
Healthcare, mental health, and housing assistance

# Women, Youth & Domestic Violence Support

- Kentucky Coalition Against Domestic Violence  
Hotline, shelter connections, and advocacy
- Center for Women and Families  
Emergency shelter, counseling, and advocacy
- Covenant House  
Services for homeless youth